

An Ex Vivo Protocol to Assess IRE1 α -Dependent RNA Cleavage Using Total RNA Isolated from Mouse Tissues

Mohammad Mamun Ur Rashid^{1, #, §a}, So-Young Rah^{2, #, §b}, Se-Woong Ko¹, and Han-Jung Chae^{1, *}

¹School of Pharmacy and Institute of New Drug Development, Jeonbuk National University, Jeonju, Korea

²Department of Biochemistry and Molecular Biology, Jeonbuk National University Medical School, Jeonju, Korea

*For correspondence: hjchae@jbnu.ac.kr

#Contributed equally to this work

§aTechnical contact: mamun.phiiuc@gmail.com

§bTechnical contact: syrah76@jbnu.ac.kr

Abstract

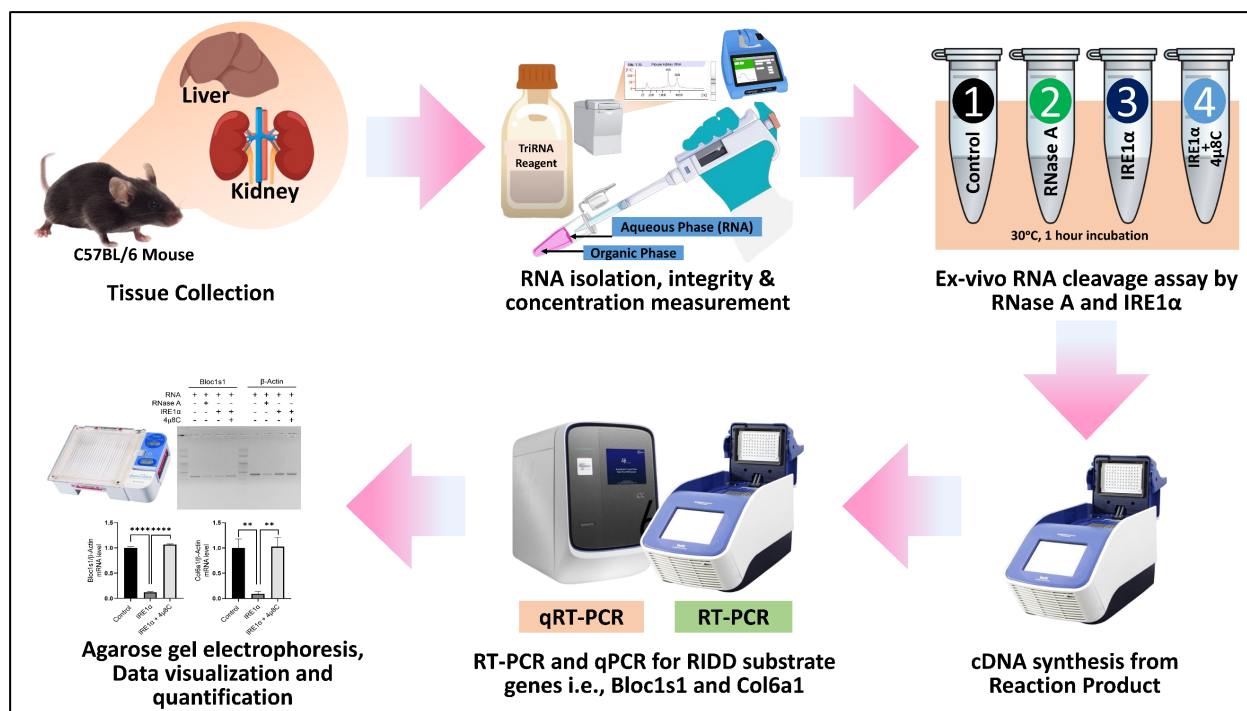
Regulated IRE1-dependent decay (RIDD) is a critical cellular mechanism mediated by the endoplasmic reticulum (ER) stress sensor IRE1 α , which cleaves a variety of RNA targets to regulate ER homeostasis. Current in vitro assays to study IRE1 α activity largely rely on synthetic or in vitro transcribed RNA substrates, which may not fully replicate the physiological complexities of native RNA molecules. Here, we present a comprehensive protocol to assess IRE1 α -dependent RNA cleavage activity using total RNA isolated directly from mouse tissues. This protocol provides a step-by-step guide for tissue collection, RNA isolation, an ex vivo RIDD assay, cDNA synthesis, and subsequent RT-PCR analysis of target mRNA cleavage products. Key reagents include active IRE1 α protein, the RIDD-specific inhibitor 4 μ 8C, and target-specific primers for RIDD-regulated genes such as *Bloc1s1* and *Col6a1*. Quantitative assessment is achieved using agarose gel electrophoresis and imaging software. This methodology enables the study of IRE1 α 's RNA cleavage activity under conditions that closely mimic in vivo environments, providing a more physiologically relevant approach to understanding the role of RIDD in cellular and tissue-specific contexts.

Key features

- Uses total RNA from mouse tissues instead of synthetic RNA to better reflect in vivo conditions.
- Includes RIDD-specific controls such as IRE1 α inhibitor (4 μ 8C) and RNase A to confirm targeted RNA cleavage.
- Combines agarose gel electrophoresis and ImageJ quantification for both qualitative and statistical validation.
- Allows comparative studies of IRE1 α activity across multiple mouse tissues in different biological contexts.

Keywords: IRE1 α , RIDD, RNA Cleavage, Endoplasmic reticulum, ER stress, Ex vivo

Graphical overview



Ex vivo regulated IRE1-dependent decay (RIDD) assay workflow

Background

Regulated IRE1-dependent decay (RIDD) is a cellular mechanism that was first described in *Drosophila melanogaster* cells, where the endoplasmic reticulum (ER) stress sensor IRE1 was observed to induce the degradation of mRNAs encoding proteins that transit through the ER [1]. Subsequent studies in mammalian cells reported that IRE1 α suppressed the expression not only of secretory pathway cargo proteins but also of ER-resident proteins that handle the folding and trafficking of cargo proteins [1].

Under high ER stress, IRE1 α acquires endonucleolytic activity against a large array of RNA targets, first identified in *D. melanogaster* and termed RIDD, including ER-localized mRNAs and non-coding RNAs in mammals [2]. The RIDD pathway was later confirmed in mammalian cells, but it has yet to be fully determined in fungi [3].

The physiological significance of RIDD has been explored in various contexts. RIDD has been shown to regulate IgM and IgG2b expression in B cells, while IgG1 response relies on XBP-1 [4]. RIDD has also been implicated in curtailing immunoglobulin secretion from plasma cells and regulating autophagy in plants by degrading the mRNAs of several negative regulators of autophagy [5,6]. Additionally, RIDD has been suggested to play cytoprotective roles, such as contributing to feedback control on proinsulin expression in pancreatic beta-cells or protecting liver cells from acetaminophen toxicity [7].

Previous studies have established robust in vitro protocols to assess the RNA cleavage activity of IRE1 α , predominantly utilizing synthetic RNA substrates [8,9]. These methods often rely on short, specifically designed RNA sequences or in vitro-transcribed RNAs mimicking XBP1 mRNA or validated RIDD targets. Such approaches, while valuable, allow precise kinetic measurements of IRE1 α activity and have significantly contributed to understanding its RNase function. However, these methods may oversimplify the complex structural and contextual variations found in native RNA molecules within a cellular or tissue environment. This limitation underscores the need for methodologies that better represent the physiological conditions in which IRE1 α operates.

While existing protocols effectively demonstrate IRE1 α 's RNA cleavage activity using synthetic or specific RNA substrates in vitro, these approaches may not fully capture the physiological context of RNA folding and complexity inherent in native tissues. To address this limitation, we propose a methodology utilizing total RNA isolated directly from various mouse tissues. This approach aims to provide a comprehensive understanding of IRE1 α 's substrate specificity and activity under

conditions that closely mimic in vivo environments. By introducing this innovative perspective, our study seeks to expand the applicability of in vitro RNA cleavage assays, offering a versatile tool to unravel the intricate regulatory roles of IRE1 α in diverse biological contexts.

Materials and reagents

Biological materials

1. Collected tissues from C57BL/6 mouse, e.g., kidney and liver
2. PCR primers (Table 1)

Table 1. List of primers

Gene	Primer	Accession no.	Usage
<i>Bloc1s1</i>	F: 5'-CAAGGAGCCTGCAGGAGAAGA-3' (Tm= 58.4 °C)	NM_015740.3	RT-PCR, qRT-PCR
	R: 5'-CCAGGAGGGTGAAGTAAGAGG-3' (Tm = 58.2 °C)		
<i>Col6a1</i>	F: 5'-TAGCCGCGATGCAGAAGAG-3' (Tm= 59 °C)	NM_009933.5	RT-PCR, qRT-PCR
	R: 5'-TTCTTCGCTCCCCCTCATA-3' (Tm = 58.4 °C)		
<i>Beta</i>	F: 5'-AGGCCAACCGTGAAAAGATGACC-3' (Tm= 62.7 °C)	NM_007393.5	RT-PCR
<i>Actin</i>	R: 5'-ACCGCTCGTTGCCAATAGTGATGA-3' (Tm= 62.7 °C)		
<i>Beta</i>	F: 5'-GGCTGTATTCCCCTCCATCG-3' (Tm= 59 °C)	NM_007393.5	qRT-PCR
<i>Actin</i>	R: 5'-CCAGTTGGTAACAATGCCATGT-3' (Tm= 58.5 °C)		
Stock concentration: 100 μM. Source: Bioneer Corporation, Daejeon, Republic of Korea.			

Reagents

A. RNA isolation from different mouse tissues

1. Tri-RNA reagent (Favorgen Biotech Corp., catalog number: FATRR 001) (store at 4 °C; shelf life: 12 months)
2. Chloroform (Sigma-Aldrich, catalog number: C2432) (store at room temperature)
3. Isopropanol (Sigma-Aldrich, catalog number: I9616) (store at room temperature)
4. Ethanol (Sigma-Aldrich, catalog number: E7023) (store at room temperature)
5. Ultrapure™ DNase/RNase-free distilled water (Invitrogen, catalog number: 10977015) (store at room temperature)
6. Agilent RNA 6000 Nano kit (Agilent Technologies, catalog number: 5067-1511) (store according to the manufacturer's instructions)
7. 1 \times PBS (Enzygnomics, catalog number: EBP008-1000)

B. RNA cleavage assay of isolated RNA with IRE1 α peptide

1. IRE1 α protein, active (SignalChem, catalog number: E31-11G) (store at -80 °C)
2. IRE1 α inhibitor 4 μ 8C (MedChemExpress, catalog number: HY-19707) (store at -20 °C)
3. RNase A 100 mg/mL (QIAGEN, catalog number: 1007885) (store at -20 °C; shelf life: 12 months)
4. Sodium chloride (NaCl) (Sigma-Aldrich, catalog number: S3014) (store at room temperature)
5. Magnesium chloride (MgCl₂) (Sigma-Aldrich, catalog number: M8266) (Store at room temperature)
6. Dithiothreitol (DTT) (Sigma-Aldrich, catalog number: D0632) (Store at -20 °C)
7. Glycerol (Sigma-Aldrich, catalog number: G5516) (Store at room temperature)
8. Adenosine 5'-triphosphate (ATP) (Sigma-Aldrich, catalog number: A2383) (Store at -20 °C)

C. cDNA synthesis after RNA cleavage

1. PrimeScript™ RT Reagent kit (Takara, catalog number: RR037A) (store at -20 °C)

D. Checking mRNA expression of RIDD target mRNA

1. SolgTM 2× Taq PCR Smart mix 1 (SolGent Co. Ltd., catalog number: STD01-M50h) (store at -20 °C)
2. 100 bp DNA ladder (Bioneer Corporation, catalog number: D-1035) (store at -20 °C)
3. UltrapureTM agarose (InvitrogenTM, catalog number: 16500-100) (store at room temperature)

E. qRT-PCR

1. Power SYBRTM Green PCR Master Mix (Applied BiosystemsTM, catalog number: 4367659) (store at -20 °C)
2. 1 M HEPES buffer pH 7.4 (Bio-solution Co., Ltd., catalog number: BH048) (store at room temperature)
3. 50× TAE buffer (Bio-Rad Laboratories, Inc., catalog number: 1610743) (store at room temperature)
4. UltraPureTM ethidium bromide, 10 mg/mL (InvitrogenTM, catalog number: 15585011) (store at room temperature)

Solutions

1. 1 M NaCl (see Recipes)
2. 100 mM ATP (see Recipes)
3. 1 M MgCl₂ (see Recipes)
4. 1 M DTT (see Recipes)
5. 5× Reaction buffer (see Recipes)
6. 0.5× TAE buffer (see Recipes)

Recipes

1. 1 M NaCl

Reagent	Final concentration	Quantity or Volume
NaCl	1 M	58.44 mg/1 mL
Ultrapure TM DNase/RNase-free distilled water	-	1 mL
Storage condition: Room temperature; shelf life: 1 month		

2. 100 mM ATP

Reagent	Final concentration	Quantity or Volume
ATP	100 mM	55.114 mg/1 mL
Ultrapure TM DNase/RNase-free distilled water	-	1 mL
Storage condition: -20 °C, avoid repeated freeze-thaw cycles; shelf life: 1 month		

3. 1 M MgCl₂

Reagent	Final concentration	Quantity or Volume
MgCl ₂	1 M	95.21 mg/1 mL
Ultrapure TM DNase/RNase-free distilled water	-	1 mL
Storage condition: Room temperature; shelf life: 1 month		

4. 1 M DTT

Reagent	Final concentration	Quantity or Volume
DTT	1 M	15.425 mg/0.1 mL
Ultrapure TM DNase/RNase-free distilled water	-	0.1 mL
Storage condition: -20 °C, avoid repeated freeze-thaw cycles; shelf life: 1 month		

5. 5× Reaction buffer

Reagent	Final concentration	Quantity or Volume
1 M HEPES pH 7.4	100 mM	10 µL
1 M NaCl	350 mM	35 µL
100 mM ATP	10 mM	10 µL

1 M MgCl ₂	10 mM	1 µL
1 M DTT	25 mM	2.5 µL
Glycerol	25 % v/v	25 µL
Ultrapure™ DNase/RNase-free distilled water	-	16.5 µL
Total volume		100 µL

*5× reaction buffer is prepared freshly for every experiment.

6. 0.5× TAE buffer

Reagent	Final concentration	Quantity or Volume
50× TAE buffer	0.5×	10 mL
Distilled water	-	990 mL
Total volume		1 L

Storage condition: Room temperature; **shelf life:** 1 month.

Laboratory supplies

1. RNase-free 1.5 mL microcentrifuge tubes (Corning Life Sciences Co., Ltd, catalog number: MCT-150-C)
2. Pipette tips 1 mL (Corning Life Sciences Co., Ltd, catalog number: T-1000-B)
3. Pipette tips 200 µL (Corning Life Sciences Co., Ltd, catalog number: T-200-C)
4. Pipette tips 10 µL (Corning Life Sciences Co., Ltd, catalog number: T-300)
5. PCR tubes (Hundaimicro, catalog number: 203017)
6. MicroAmp™ optical 384-well reaction plate with barcode (Applied Biosystem™, catalog number: 4309849)
7. MicroAmp™ optical adhesive film (Applied Biosystem™, catalog number: 4311971)

Equipment

1. Veriti 96-well thermal cycler (Applied Biosystem, model: 9902)
2. -80 °C freezer (Nihon Freezer Co., LTD., model: CLN-71UWM)
3. Fresco™ 17 microcentrifuge (Thermo Scientific™, catalog number: 75002402)
4. Mupid-2plus electrophoresis system (Takara, model: AD110)
5. DeNovix spectrophotometer (DeNovix Inc., model: DS-11+)
6. UltraSlim UV transilluminator (Maestrogen Inc., model: UUV-01)
7. Agilent 2100 bioanalyzer (Agilent Technologies, model: G2939B)
8. QuantStudio™ 6 Flex real-time PCR systems, 384-well, laptop (Applied Biosystem™, model: 4485691)

Software and datasets

1. ImageJ image processing software (NIH, USA, 1.53e)
2. GraphPad Prism 10 (GraphPad Software, LLC, Boston, USA, 10.2.3)

Procedure

A. Tissue collection

1. Euthanize one healthy C57BL/6 mouse by using an approved method following the institutional animal care and use guidelines.
2. After confirmation of euthanasia, open the abdominal cavity under sterile conditions.
3. Excise the kidney and liver tissues using sterile surgical scissors and forceps.
4. Wash the tissues immediately with ice-cold PBS to remove blood residues and place them in cold PBS.
5. Chop the tissue with small scissors to wash the remaining blood.
6. Centrifuge at 500× g for 5 min at 4 °C.

7. Discard the supernatant and keep the tissue for RNA extraction.

B. RNA extraction

1. Add 1 mL of Tri-RNA reagent to the tissue and grind it using a pestle to prepare a homogenous mixture.
2. Incubate the homogenate for 5 min at room temperature.
3. Add 200 μ L of chloroform, vortex vigorously for 15 s, and incubate for 2 min at room temperature.
4. Centrifuge at 12,000 \times g for 15 min at 4 $^{\circ}$ C.
5. Transfer the aqueous phase to a new tube, add 500 μ L of isopropanol, and gently mix the solution by inverting 3–5 times.
6. Incubate the sample at -20 $^{\circ}$ C for 30 min.
7. Centrifuge at 12,000 \times g for 10 min at 4 $^{\circ}$ C. A white color pellet of the respective RNA is obtained.
8. Discard the supernatant and wash the pellet with 75% ethanol.
9. Centrifuge at 7,500 \times g for 5 min at 4 $^{\circ}$ C.
10. Air-dry the RNA pellet and resuspend it in RNase-free water.

Critical: RNA yield and integrity may vary depending on the tissue type due to differences in cellular composition, endogenous RNase activity, and fibrosis. It is recommended to optimize homogenization and extraction conditions for each tissue type to ensure high-quality RNA suitable for downstream IRE1 α cleavage assays.

In addition, this protocol is potentially adaptable for use with human tissue samples or RNA extracted from cultured cells. However, differences in RNA composition, processing history, and sample origin may necessitate minor optimization of reaction conditions, such as incubation time, buffer composition, or IRE1 α concentration. Ensuring high RNA integrity and purity remains essential for reproducible cleavage results across different species and sample types.

C. RNA integrity measurement and quantification

1. Measure the integrity of kidney and liver RNA using the Agilent 2100 Bioanalyzer following the manufacturer's protocol (Figure 1). Keep the RNA integrity number (RIN) value close to 8 for further analysis.
2. Quantify the RNA concentration using the DeNovix spectrophotometer. RNA with an A260/A280 ratio greater than 1.8 and an A260/A230 ratio greater than 2.0 is used for ex vivo RIDD assay.

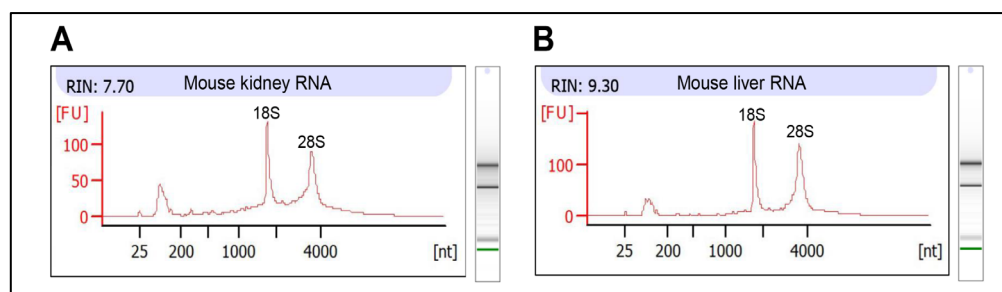


Figure 1. Integrity of mouse kidney and liver RNA. (A, B) Electropherogram showing the RNA integrity of mouse (A) kidney and (B) liver. RNA integrity number (RIN) is greater than 7 in both RNAs, which is acceptable for further analysis.

D. Preparation of reaction mix for ex vivo RIDD assay

1. Prepare the reaction mix following Table 2.

Table 2. Preparation of reaction mixture for ex vivo RIDD reaction

Reagent	Tube 1	Tube 2	Tube 3	Tube 4
RNA (Volume for 1.0 μ g of RNA and RNase-free water up to 2 μ L)	2 μ L	2 μ L	2 μ L	2 μ L
5 \times reaction buffer	4 μ L	4 μ L	4 μ L	4 μ L
0.5 mM 4 μ 8C	0 μ L	0 μ L	0 μ L	1.6 μ L
1 mg/mL RNase A	0 μ L	3.2 μ L	0 μ L	0 μ L
Ultrapure TM DNase/RNase-free distilled water	10 μ L	6.8 μ L	6 μ L	4.4 μ L
IRE1 α purified peptide (10 μ g/200 μ L)	0 μ L	0 μ L	4 μ L	4 μ L

Total volume	16 μ L	16 μ L	16 μ L	16 μ L
--------------	------------	------------	------------	------------

Critical: Ensure the RNA concentration is measured prior to setting up the reaction. If the RNA stock concentration is higher than 1 μ g/ μ L (as in our case), adjust the RNA volume accordingly to add exactly 1.0 μ g of total RNA to the reaction. The remaining volume should be adjusted with nuclease-free water up to 2 μ L. Accurate RNA quantification is essential for consistent cleavage efficiency.

- Mix well and keep these four tubes in a 30 °C incubator for 60 min. To inhibit IRE1 α , preincubate IRE1 α with 4 μ 8C for 5 min at room temperature.
- Keep these four tubes in an ice bath for 10 min to stop the enzymatic reaction.

E. cDNA synthesis

- Add 7 μ L of Takara cDNA synthesis (PrimeScript™ RT Reagent kit) master mix (Table 3) to 13 μ L of the reaction mix of Table 2 in a PCR tube. The final volume is 20 μ L.
- Put the PCR tubes in the Veriti 96-well thermal cycler for synthesizing cDNA by following the company protocol.
- Store the cDNA in a -80 °C freezer for further RT-PCR.

Table 3. Preparation of cDNA synthesis master mix

Reagent	Required volume
5 \times PrimeScript buffer	4 μ L
PrimeScript RT enzyme mix I	1 μ L
Oligo dT primer	1 μ L
Random 6 mers	1 μ L
Total volume	7 μ L

F. RT-PCR for RIDD target genes, *Bloc1s1* and *Col6a1*

- Primer design for RIDD target gene

Design the primer of a RIDD target gene by considering the IRE1 α -dependent RNA cleavage site of the respective gene. For instance, Figure 2 shows the primer design for mouse-*Bloc1s1* and *Col6a1* genes.

Critical: During primer design, the RIDD target site of the gene must be carefully considered. Primers should be designed flanking the RIDD cleavage site by placing the forward and reverse primers on either side of the target sequence. This strategy ensures accurate detection of RNA degradation following in vitro RIDD reactions, enabling precise identification and validation of RIDD-mediated RNA cleavage.

- Prepare RT-PCR mix with synthesized cDNA as follows:

2 \times Taq Master mix: 10 μ L

Forward primer (10 μ M): 1 μ L (final concentration 500 nM)

Reverse primer (10 μ M): 1 μ L (final concentration 500 nM)

RNase-free water: 3 μ L

Template cDNA: 5 μ L

Total volume: 20 μ L

- Run the PCR in a thermocycler by following the PCR conditions shown in Table 4.

Table 4. PCR thermocycling conditions used for the amplification of *Blos1s1*, *Col6a1*, and β -actin

Temperature	Time	Cycle
95 °C	5 min	1
95 °C	30 s	30
56 °C*	30 s	
72 °C	30 s	
72 °C	2 min	
4 °C	∞	

***Critical:** Annealing temperatures were determined based on the melting temperatures (T_m) of the respective primers. For the *Bloc1s1* and *Col6a1* genes, the primer T_m was calculated to be 58–59 °C; therefore, the annealing temperature was set to 56 °C. For the negative control gene β -actin (non-RIDD target gene), the annealing temperature was set at 60 °C, considering its higher primer T_m . This approach ensures optimal primer binding and amplification efficiency by adjusting the annealing temperature relative to each primer pair's melting temperature.

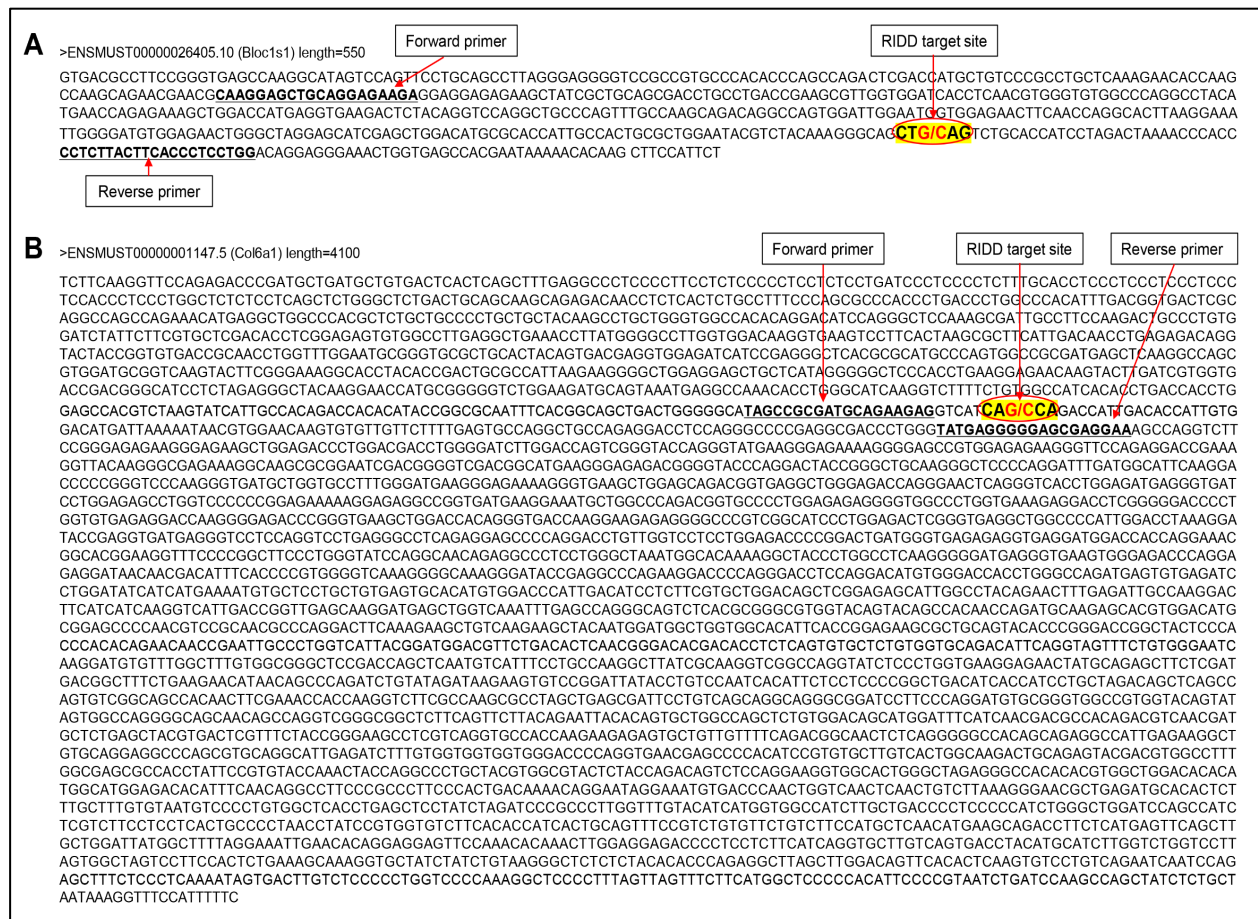


Figure 2. Primer design approach for *Bloc1s1* (A) and *Col6a1* (B) genes by keeping the RIDD target site highlighted in yellow. Cleavage sites (G/C sites) by IRE1 α are marked with a red slash. The sizes of PCR products are 365 bp for *Bloc1s1* and 158 bp for *Col6a1*.

G. Agarose gel electrophoresis

1. Prepare a 1.5% agarose gel by dissolving 1.5 g of Ultrapure™ agarose powder in 100 mL of 0.5× TAE buffer. Heat the solution in a microwave oven until completely dissolved. Cool this solution to ~60 °C. Add 10 μ L of ethidium bromide solution (final concentration: 1 μ g/mL). Pour the gel into a casting tray with a comb and allow it to solidify at room temperature.
2. Set the gel into the Mupid-2plus electrophoresis system.
3. Submerge the gel in 0.5× TAE buffer.
4. Load the PCR product into wells as follows:
Well 1: Ladder
Well 2: Tube 1 (Control)
Well 3: Tube 2 (RNase A-treated)
Well 4: Tube 3 (IRE α -treated)
Well 5: Tube 4 (IRE1 α and 4 μ 8C-treated)
5. Run the electrophoresis in full voltage for 25 min or until adequate separation of bands is achieved.
6. Visualize the bands using the UltraSlim UV transilluminator and capture the image using a camera (Figure 3).

7. Quantify data using ImageJ.

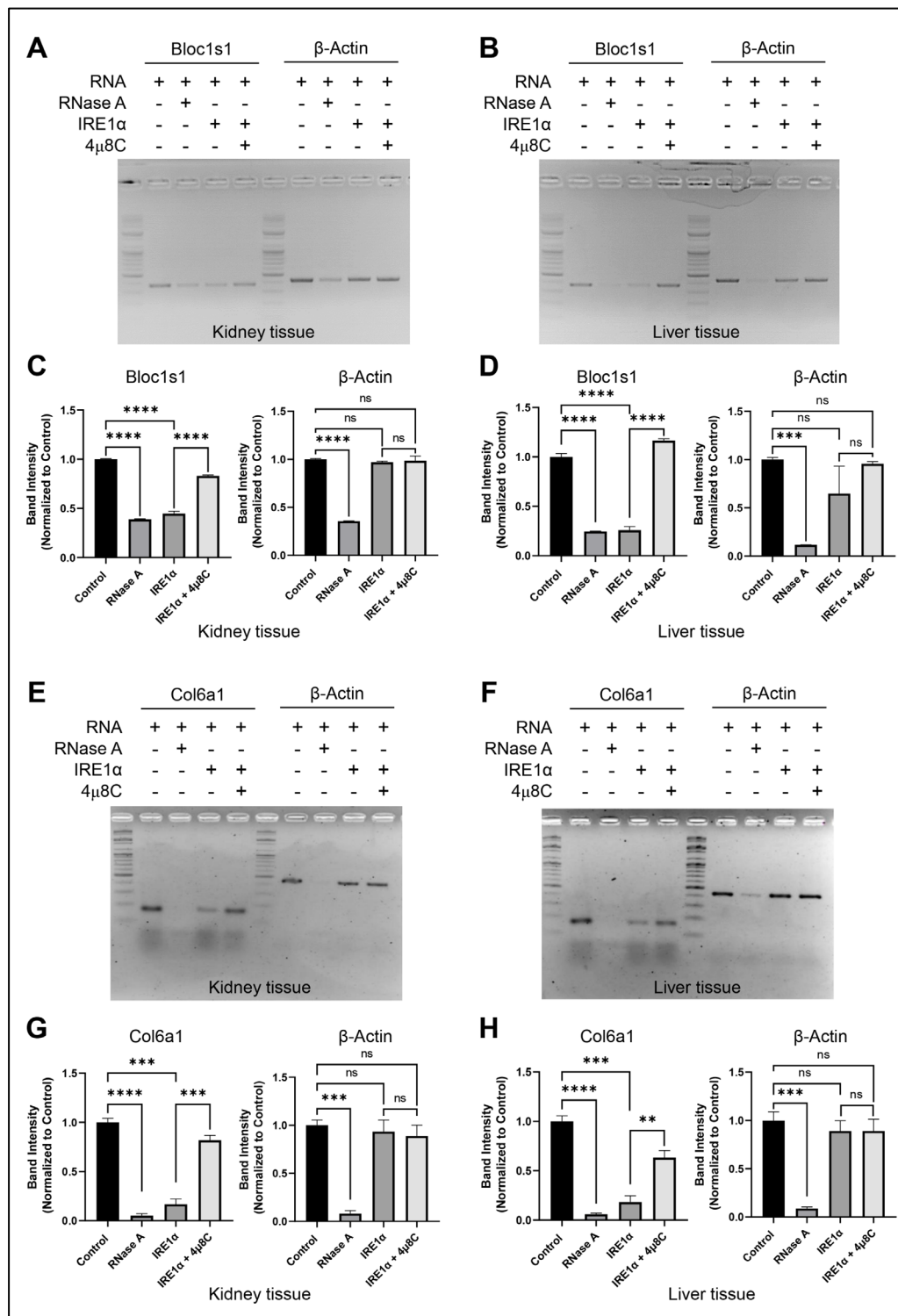


Figure 3. IRE1α-dependent RNA decay visualization by agarose gel electrophoresis. (A, B) Agarose gel showing the IRE1α-dependent cleavage of selected IRE1α target, *Bloc1s1*, and negative control, *β-Actin*, in mouse RNA that was isolated from (A) kidney and (B) liver. 0.2 μg of IRE1α was used to cleave 1.0 μg of total RNA for 60 min. The IRE1α inhibitor 4μ8C was utilized as a control for specificity. (C, D). Quantification of A and B using ImageJ. (E, F) Agarose gel showing the IRE1α-dependent cleavage of selected IRE1α target, *Col6a1*, and negative control, *β-Actin*, in mouse RNA that was isolated from (E) kidney and (F) liver. 0.2 μg of IRE1α was used to cleave 1.0 μg of total RNA for 60 min. The IRE1α inhibitor 4μ8C was utilized as a control for specificity. (G, H) Quantification of E and F using ImageJ and GraphPad Prism.

The values are shown as mean \pm SEM. Statistical significance was quantified by one-way ANOVA with Dunnett's multiple comparison test. ****p < 0.0001, ***p < 0.001, **p < 0.01, and not significant (ns). n = 3.

H. qRT-PCR for RIDD target genes, *Bloc1s1* and *Col6a1*

1. Prepare qRT-PCR mix with synthesized cDNA (Section E) as follows:

2 \times SYBR Green qPCR master mix: 5 μ L

Forward primer (2 μ M): 1 μ L (final concentration 200 nM)

Reverse primer (2 μ M): 1 μ L (final concentration 200 nM)

RNase-free water: 3 μ L

Synthesized cDNA: 2 μ L

Total volume: 10 μ L

Critical: 1 μ g of RNA was reverse-transcribed in a 20 μ L volume through a cDNA synthesis reaction (Section E). Dilute the cDNA product (Section E) 1/5 using RNase-free water and use 2 μ L for the qRT-PCR reaction. Therefore, 20 ng of reverse-transcribed total RNA was used for the qRT-PCR reaction.

2. Add the qRT-PCR reaction mixtures in MicroAmpTM optical 384-well reaction plate and cover the plate with MicroAmpTM optical adhesive film.

3. Put the plate in the QuantStudioTM 6 Flex real-time PCR machine and run the PCR conditions shown in Table 5.

4. Collect the Ct (cycle threshold) values using the QuantStudioTM 6 Flex software.

5. Calculate the relative mRNA expression levels of *Bloc1s1* and *Col6a1* using the $2^{-(\Delta\Delta Ct)}$ method, normalizing to housekeeping gene, i.e., β -actin [10].

6. Export relative expression values to GraphPad Prism and generate bar charts representing the *Bloc1s1* and *Col6a1* mRNA levels (Figure 4).

Table 5. qRT-PCR cycling conditions for analysis of *Bloc1s1* and *Col6a1* mRNA levels after ex vivo RIDD assay

Temperature	Time	Cycle
50 °C	2 min	1
95 °C	10 min	
95 °C	15 s	40
60 °C	60 s	
95 °C	15 s	Melt curve (1)
60 °C	60 s	
95 °C	15 s	

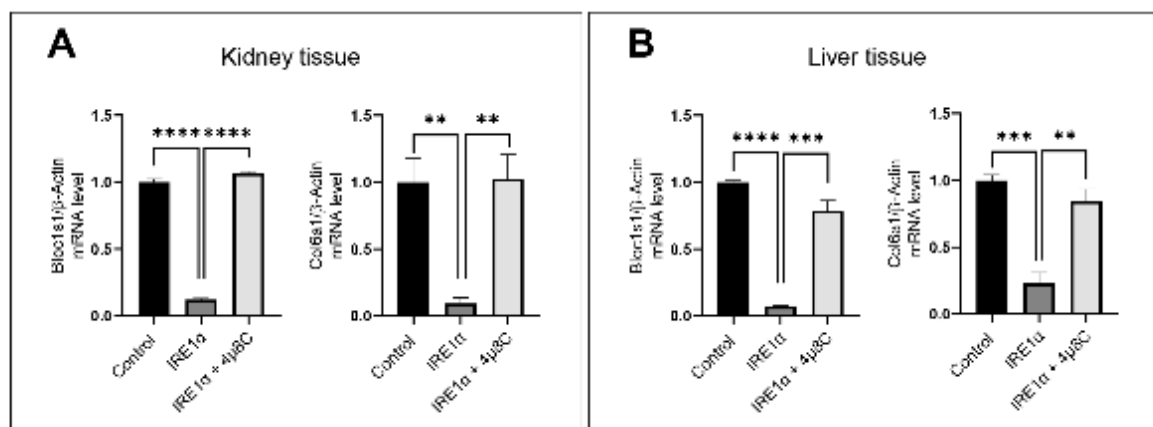


Figure 4. IRE1 α -dependent RNA decay quantification by qRT-PCR. (A) qRT-PCR of *Bloc1s1* and *Col6a1*, IRE1 α target genes, after the RIDD reaction with mouse kidney RNA. (B) qRT-PCR of *Bloc1s1* and *Col6a1*, IRE1 α target genes, after the RIDD reaction with mouse liver RNA. The values are shown as mean \pm SEM. Statistical significance was quantified by one-way ANOVA with Dunnett's multiple comparison test. ****p < 0.0001, ***p < 0.001, **p < 0.01. n = 3.

Validation of protocol

To validate the ex vivo protocol for IRE1 α -dependent RNA cleavage, we examined its specificity, reproducibility, and robustness across various biological replicates and tissue types. We employed total RNA from mouse kidney and liver tissues, with subsequent confirmation of the cleavage of a validated RIDD target, *Bloc1s1* and *Col6a1*, by RT-PCR and qRT-PCR after incubation with recombinant IRE1 α . Specificity was examined by employing the RNase inhibitor 4 μ 8C and the non-target gene β -actin as a negative control. The IRE1 α -dependent cleavage of *Bloc1s1* and *Col6a1* RNA was highly diminished following treatment with 4 μ 8C, implicating that the degradation seen was a result of IRE1 α activity. Reproducibility of the assay was determined by carrying out three independent biological replicates, each of which yielded similar cleavage patterns. Quantitative analysis done using ImageJ revealed statistically significant degradation of *Bloc1s1* and *Col6a1* in IRE1 α -treated samples as opposed to control samples. Further, the protocol could identify RIDD-mediated cleavage in two distinct tissues (kidney and liver), thereby indicating its applicability in diverse physiological milieus. To ensure the fidelity of the results, the integrity of RNA was checked by an Agilent 2100 bioanalyzer, ensuring that the RIN is greater than 7. Moreover, the quality of RNA was inspected by spectrophotometric techniques to overcome DNA contamination prior to cDNA synthesis. Overall, the described protocol yields a reliable and physiologically relevant strategy for analyzing IRE1 α -mediated RNA decay using native RNA substrates, effectively bridging the gap between in vitro synthetic assays and in vivo conditions.

General notes and troubleshooting

General notes

1. Ensure all reagents and consumables used for RNA work are RNase-free. Even trace amounts of RNase contamination can lead to degradation of RNA and compromise the assay result.
2. Freshly isolate RNA and use it immediately or store it at -80 °C in RNase-free water to preserve the integrity. Avoid repeated freeze-thaw cycles.
3. Always design primers to flank the predicted cleavage site of the target RNA to accurately detect cleavage efficiency.

Troubleshooting

Problem	Possible cause	Recommended solutions
Weak or no PCR amplification	Low RNA quality and quantity	Verify RNA integrity using gel electrophoresis or spectrophotometer (A260/A280 > 1.8). Use at least 1 μ g of RNA per reaction.
Nonspecific bands in RT-PCR	Suboptimal primer design or incorrect annealing temperature	Redesign primers to flank the RIDD site and re-optimize PCR conditions, particularly the annealing temperature.
No cleavage observed in IRE1 α -treated samples	Inactive IRE1 α enzyme or incorrect reaction buffer	Confirm enzyme activity with a known substrate, ensure buffer components are fresh, and check that incubation was at 30 °C.
RNA degradation in control samples	RNase contamination	Use RNase-free tubes, tips, and reagents. Wear gloves and work in a clean RNase-free area.
Incomplete inhibition by 4 μ 8C	Insufficient inhibitor concentration or incomplete mixing	Ensure proper preincubation of IRE1 α with 4 μ 8C for at least 5 min at room temperature before adding RNA. Confirm inhibitor quality and use freshly prepared solutions.
Inconsistent RNA cleavage result	Lot-to-lot variation in recombinant IRE1 α	Use a pre-validated positive control RNA (e.g., <i>Bloc1s1</i>) to confirm enzyme activity with each new lot. Store single-use aliquots to avoid freeze-thaw degradation.

Acknowledgments

This research was supported by the National Research Council of Science & Technology (NST) grant by the Korean government (MSIT) (CAP 23052-000) and also by the Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Korean government (MSIT) (RS-2024-00335573). Conceptualization, M.M.U.R & S.Y.R; Investigation, M.M.U.R, S.Y.R & S.W.K; Writing —Original Draft, M.M.U.R & S.Y.R; Writing —Review & Editing, M.M.U.R, S.Y.R & H.J.C; Funding acquisition, H.J.C; Supervision, H.J.C.

Competing interests

The authors declare no conflicts of interest.

Ethical considerations

All animal procedures and experiments were performed according to NIH guidelines for the care and use of laboratory animals. Protocols were approved by the Institutional Animal Care and Use Committee (IACUC) of Jeonbuk National University (CBU 2023-005).

Received: April 21, 2025; Accepted: July 15, 2025; Available online: July 24, 2025; Published: August 20, 2025

References

- Hur, K. Y., So, J. S., Ruda, V., Frank-Kamenetsky, M., Fitzgerald, K., Koteliansky, V., Iwawaki, T., Glimcher, L. H. and Lee, A. H. (2012). IRE1 α activation protects mice against acetaminophen-induced hepatotoxicity. *J Exp Med*. 209(2): 307–318. <https://doi.org/10.1084/jem.20111298>
- Ghosh, R., Wang, L., Wang, E. S., Perera, B. G. K., Igbaria, A., Morita, S., Prado, K., Thamsen, M., Caswell, D., Macias, H., et al. (2014). Allosteric Inhibition of the IRE1 α RNase Preserves Cell Viability and Function during Endoplasmic Reticulum Stress. *Cell*. 158(3): 534–548. <https://doi.org/10.1016/j.cell.2014.07.002>
- Miyazaki, T., Nakayama, H., Nagayoshi, Y., Kakeya, H. and Kohno, S. (2013). Dissection of Ire1 Functions Reveals Stress Response Mechanisms Uniquely Evolved in *Candida glabrata*. *PLoS Pathog*. 9(1): e1003160. <https://doi.org/10.1371/journal.ppat.1003160>
- Choi, H. J., Tang, C. H., Tian, L., Wu, Y., Sofi, M. H., Ticer, T., Schutt, S. D., Hu, C. C. and Yu, X. Z. (2021). XBP-1s Promotes B Cell Pathogenicity in Chronic GVHD by Restraining the Activity of Regulated IRE-1 α -Dependent Decay. *Front Immunol*. 12: e705484. <https://doi.org/10.3389/fimmu.2021.705484>
- Benhamron, S., Hadar, R., Iwawaky, T., So, J., Lee, A. and Tirosh, B. (2013). Regulated IRE1-dependent decay participates in curtailing immunoglobulin secretion from plasma cells. *Eur J Immunol*. 44(3): 867–876. <https://doi.org/10.1002/eji.201343953>
- Yang, M., Bu, F., Huang, W. and Chen, L. (2019). Multiple Regulatory Levels Shape Autophagy Activity in Plants. *Front Plant Sci*. 10: e00532. <https://doi.org/10.3389/fpls.2019.00532>
- Kimmig, P., Diaz, M., Zheng, J., Williams, C. C., Lang, A., Aragón, T., Li, H. and Walter, P. (2012). The unfolded protein response in fission yeast modulates stability of select mRNAs to maintain protein homeostasis. *eLife*. 1: e00048. <https://doi.org/10.7554/eLife.00048>
- Almanza, A., Mnich, K., Blomme, A., Robinson, C. M., Rodriguez-Blanco, G., Kierszniowska, S., McGrath, E. P., Le Gallo, M., Pilalis, E., Swinnen, J. V., et al. (2022). Regulated IRE1 α -dependent decay (RIDD)-mediated reprogramming of lipid metabolism in cancer. *Nat Commun*. 13(1): e1038/s41467–022–30159–0. <https://doi.org/10.1038/s41467-022-30159-0>
- Karagöz, G., Peschek, J., Walter, P. and Acosta-Alvear, D. (2019). In vitro RNA Cleavage Assays to Characterize IRE1-dependent RNA Decay. *Bio Protoc*. 9(14): e3307. <https://doi.org/10.21769/bioprotoc.3307>

10. Rao, X., Huang, X., Zhou, Z. and Lin, X. (2013). An improvement of the $2^{-(\Delta\Delta CT)}$ method for quantitative real-time polymerase chain reaction data analysis. *Biostat Bioinforma Biomath.* 3(3): 71–85. <https://pubmed.ncbi.nlm.nih.gov/25558171/>