



Generation of Multicellular 3D Liver Organoids From Induced Pluripotent Stem Cells as a Tool for Modelling Liver Diseases

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Abstract

The liver is an essential organ that is involved in the metabolism, synthesis, and secretion of serum proteins and detoxification of xenobiotic compounds and alcohol. Studies on liver diseases have largely relied on cancer-derived cell lines that have proven to be inferior due to the lack of drug-metabolising enzymes. Primary human hepatocytes are considered the gold-standard for evaluating drug metabolism. However, several factors such as lack of donors, high cost of cells, and loss of polarity of the cells have limited their widescale adoption and utility. Stem cells have emerged as an alternative source for liver cells that could be utilised for studying liver diseases, developmental biology, toxicology testing, and regenerative medicine. In this article, we describe in detail an optimised protocol for the generation of multicellular 3D liver organoids composed of hepatocytes, stellate cells, and Kupffer cells as a tractable robust model of the liver.

Key features

Optimising a protocol for generating multicellular 3D liver organoids from induced pluripotent stem cells.

Keywords: Stem cells, Liver, Hepatocytes, Stellate cells, Kupffer cells, 3D organoids, Drug-induced liver injury

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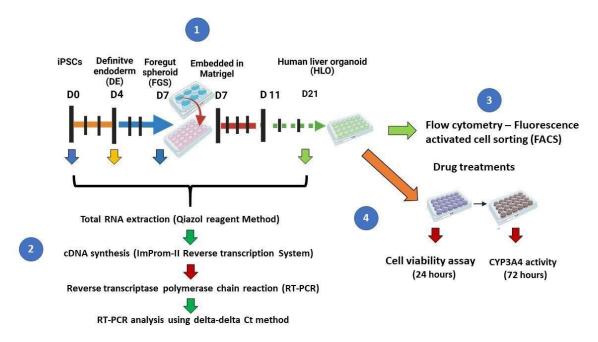
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Graphical overview



Background

The liver is a vital organ that is involved in the metabolism, synthesis, and production of serum proteins and bile acid and the detoxification of xenobiotics [1]. Earlier liver models relied heavily on cancer-derived cell lines, which have been proven to be inferior due to the suboptimal activity of drug-metabolising enzymes [2,3]. Isolated primary human hepatocytes (PHH) are considered to be the "gold standard" for drug metabolism and toxicity screening [4,5]. However, these cells display a rapid decline in the phenotypic function when cultured in traditional two-dimensional monolayer cell cultures; also, there is a scarcity of donors [5]. To overcome these limitations of using PHHs, researchers have developed various approaches including genetic modification of the cells and three-dimensional cultures combined with tissue engineering and media compositions [1,6,7]. Additionally, advances in cell culture systems offer a great opportunity to generate patient-specific hepatocytes using 2D cell-based [2] and 3D organoid platforms [1,8].

The liver cells can be obtained by direct differentiation of iPSCs [7,9] and tissue-derived stem cells [1,6,10] by exploiting inductive and repressive signals essential for liver ontogenic development. The 3D cultured cells display better physiologic and metabolic features of the native liver tissue in comparison with 2D cell-based cultures [1,9]. However, the vast majority of the reported methods predominantly differentiate cells into hepatic epithelial lineage only, thus lacking essential supportive cellular lineages such as profibrotic hepatic stellate cells (hematopoietic stem cells; HSCs) and inflammatory cells (Kupffer cells; KCs). Hence, they lack the capacity to model inflammatory diseases [1,11]. To circumvent these challenges, other researchers developed co-culture cell models based on mixing both the epithelial cells and supportive lineages from iPSCs [12,13]. However, these methods suffer from artefactual inflammation and fibrosis resulting from the difficulty in choosing the appropriate culture medium and extracellular matrix in which multiple cell lineages can be co-maintained [12,13].

A recent study by Ouchi and colleagues described a protocol for the generation of a multicellular human liver organoid (HLO) composed of hepatocyte-like cells, hepatic stellate-like cells, and Kupffer-like cells from iPSCs [9]. The cells aggregated to form a 3D liver organoid that was used to model steatohepatitis after the addition of free fatty acids to the culture media [9]. In this paper, we describe a method for generating multicellular 3D liver organoids (Figure 1) adapted from the protocols published by Ouchi and colleagues [9] and Mun and colleagues [8]. We further describe in detail how to generate these organoids and demonstrate their utility as a tool to study downstream assays for liver disease models.



Materials and reagents

Biological materials

1. Schistosome eggs antigen (SEA) (Schistosome Biological Supply Center, Theodor Bilharz Research Institute)

Reagents

- 1. A83-01 (R&D Systems, catalog number: R2939)
- 2. Activin A (R&D Systems, catalog number: 338-AL)
- 3. Accutase (Sigma-Aldrich, catalog number: A6964)
- 4. CellTiter-GLO® cell viability assay (Promega, catalog number: PRG9681)
- 5. CHIR99021 (Sigma-Aldrich, catalog number: SML1046)
- 6. Advanced DMEM (Gibco, catalog number: 12634-010)
- 7. B27 supplement (Gibco, catalog number: A1486701)
- 8. Bone morphogenetic protein 4 (BMP-4) (R&D Systems, catalog number: 314-13P)
- 9. Bovine serum albumin (BSA) (Sigma-Aldrich, catalog number: A8531)
- 10. Dexamethasone (Sigma-Aldrich, catalog number: D4902)
- 11. Dimethyl sulfoxide (DMSO) (Sigma-Aldrich, catalog number: D2650)
- 12. Dulbecco's phosphate buffered saline (DPBS) (Gibco, catalog number: 14190-094)
- 13. Essential 8 basal medium (Gibco, catalog number: A1517001)
- 14. Epidermal growth factor (R&D Systems, catalog number: 236-EG)
- 15. Ethylenediaminetetraacetic acid (EDTA) (Invitrogen, catalog number: 15575-020)
- 16. Fibroblast growth factor 4 (R&D Systems, catalog number: 325-4F)
- 17. Fibroblast growth factor 10 (R&D Systems, catalog number: F8924)
- 18. Geltrex (Life Technologies, catalog number: A1413302)
- 19. HCl (Merck, catalog number: 100317)
- 20. Hepatocyte culture medium (Lonza, catalog number: CC-3198)
- 21. Hepatocyte growth factor (Sigma-Aldrich, catalog number: H9661)
- 22. HEPES (Gibco, catalog number: 15630080)
- 23. ImProm-II reverse transcriptase (Promega, catalog number: PRA3800)
- 24. Knockout serum replacer (KSR) (Gibco, catalog number: 10828028)
- 25. N2 supplement (Gibco, catalog number: A1370701)
- 26. Oncostatin M (R&D Systems, catalog number: 295-OM)
- 27. P450-Glo CYP3A4 assay with Luciferin-IPA (Promega, catalog number: PRV9002)
- 28. Penicillin-streptomycin (Gibco, catalog number: 15140-12221)
- 29. PowerUPTM SYBRTM Green Master Mix (Applied Biosystems, catalog number: A25741)
- 30. Retinoic acid (RA) (Sigma-Aldrich, catalog number: R2625)
- 31. Rho kinase (ROCK) inhibitor (Y-27632) (Sigma-Aldrich, catalog number: Y0503)
- 32. RPMI-1640, GlutaMAX supplement (Gibco, catalog number: 61870-036)
- 33. TRIzolTM reagent (Thermo Fisher Scientific, catalog number: 15596026)
- 34. TryLETM Express enzyme (Thermo Fisher Scientific, catalog number: 12604013)
- 35. Vascular endothelial growth factor (R&D Systems, catalog number: 293-VE)
- 36. Vitronectin (Gibco, catalog number: A27940)
- 37. Antibody list for organoid phenotyping (Table 1)

Table 1. List of antibodies used to phenotype human liver organoids

Phenotype	Antibody	Concentration	Fluorophore	Host	Vendor	Dilution
Epithelial cells	EpCam	0.2 mg/mL	BV421	Mouse	BioLegend	1:80
Stellate cells	CD166	5 μL (0.06 μg)	PE-ALCAM	Mouse	eBioscience	1:160
Kupffer cells	CD68	$5 \mu L (0.05 \mu g)$	PE-Cy7	Mouse	BioLegend	1:80



38. Antiretroviral and anti-tuberculosis drugs (Table 2)

Table 2. List of anti-retroviral and anti-tuberculosis drugs used to study liver injury

Manufacturer	Catalogue number	Final concentration
Sigma-Aldrich	025M478	7.39 mM
Sigma-Aldrich	SML1795	34.2 mM
Sigma-Aldrich	L1295	27.91mM
Sigma-Aldrich	R3501	28.42 mM
Sigma-Aldrich	MKCF2223	20.04 mM
	Sigma-Aldrich Sigma-Aldrich Sigma-Aldrich Sigma-Aldrich	Sigma-Aldrich 025M478 Sigma-Aldrich SML1795 Sigma-Aldrich L1295 Sigma-Aldrich R3501

39. Primer sequences for RT-qPCR (Table 3)

Table 3. Primer sequences for stage-specific markers for liver organoids

		S
	Human stem cell markers	
Gene name	Forward primer sequence (5'-3')	Reverse primer sequence (5'-3')
Oct-4	CAGGAGATATGCAAAGCAGAAAC	GGCACTGCAGGAACAAATT
Nanog	<i>AGCCTAATCAGCGAGGTTTC</i>	CAGAGCAAGACTCCGTTTCA
Sox2	GCTACAGCATGATGCAGGACCA	TCTGCGAGCTGGTCATGGAGTT
	Definitive endoderm (DE) markers	
Sox17	CGCACGGAATTTGAACAGTA	GGATCAGGGACCTGTCACAC
GSC	GAGGAGAAAGTGGAGGTCTGGTT	CTCTGATGAGGACCGCTTCTG
	Immature human liver organoids markers	
CYP3A7	GAAACACAGATCCCCCTGAA	TCAGGCTCCACTTACGGTCT
	Mature human liver organoids markers	
$HNF4\alpha$	CATGGCCAAGATTGACAACCT	TTCCCATATGTTCCTGCATCAG
ALB	TTG GCA CAA TGA AGT GGG TA	AAA GGC AAT CAA CAC CAA GG
A1AT	CCACCGCCATCTTCTTCCTGCCTGA	GAGCTTCAGGGGTGCCTCCTCTGTG
CYP3A4	TGTGCCTGAGAACACCAGAG	GTGGTGGAAATAGTCCCGTG
GADPDH	CCATCTTCCAGGAGCGAG	GCAGGAGGCATTGCTGAT

Solutions

- 1. Vitronectin (see Recipes)
- 2. 0.5 mM ultrapure EDTA (see Recipes)
- 3. Activin A (see recipe)
- 4. Bone morphogenetic protein 4 (see Recipes)
- 5. Fibroblast growth factor 4 (see Recipes)
- 6. 0.1% (m/v) bovine serum albumin (see Recipes)
- 7. CHIR99021 (see Recipes)
- 8. Retinoic acid (see Recipes)
- 9. Hepatocyte growth factor (see Recipes)
- 10. Dexamethasone (see Recipes)
- 11. Oncostatin M (see Recipes)
- 12. Fibroblast growth factor 10 (see Recipes)
- 13. Epidermal growth factor (see Recipes)
- 14. A83-01 (see Recipes)
- 15. Rho kinase protein (ROCK) inhibitor (Y-27632) (see Recipes)

Cell culture media

- 1. hiPSCs maintenance media: complete essential 8 medium (see Recipes)
- 2. Definitive endoderm induction (days 1–3) media: Complete RPMI medium (see Recipes)

O-protocol Published: Aug 05, 2024

- 3. Foregut spheroid (FGS) induction (days 4–6) media: Complete Advanced DMEM/F2 (see Recipes)
- 4. Human liver organoids (HLO) formation (days 7–10) media 1: Advanced DMEM/F12 + retinoic acid (see Recipes)
- 5. Hepatocyte maturation (days 11–25) media: Hepatocyte culture medium (HCM) (see Recipes)

Quantitative reverse transcriptase polymerase chain reaction (qRT-PCR)

- 1. First strand CDNA synthesis cocktail 1 (see Recipes)
- 2. cDNA synthesis master mix 2 (see Recipes)
- 3. qRT-PCR reagents mix (see Recipes)

Recipes

1. Vitronectin solution

Reagents	Final concentration	Amount	
Vitronectin	9 μg/mL	0.9 mg/mL	
DPBS	1×	990 mL	
Total	n/a	1,000 mL	

2. 0.5 mM ultrapure EDTA

Reagents	Final concentration	Amount
Ethylenediaminetetraacetic acid	0.5 mM	10 mL
DPBS	1×	9,990 mL
Total	n/a	10,000 mL

Store at room temperature (RT) and use on the day of preparation.

3. Activin A solution

Reagents	Final concentration	Amount	
Activin A	100 μg/mL	10 μg	
HC1	4 mM	100 mL	
Total	n/a	100 mL	

Prepare 1,000 ng/mL working solution in RPMI-1640 + GlutaMAX and store at -20 °C until needed for the experiment.

4. Bone morphogenetic protein 4 (BMP-4) solution

Reagents	Final concentration	Amount	
BMP-4	100 μg/mL	10 μg	
0.1% BSA in 4 mM HCl	n/a	100 mL	
Total	n/a	100 mL	

Prepare 1,000 ng/mL working solution in RPMI-1640 + GlutaMAX and store at -20 °C until needed for experiment.

5. Fibroblast growth factor 4 (FGF-4) solution

Reagents	Final concentration	Amount	
FGF-4	100 μg/mL	25 μg	
0.1% BSA in PBS (Recipe 6)	n/a	100 mL	
Total	n/a	100 mL	

Prepare 1,000 ng/mL working solution in Advanced DMEM/F12 and store at -20 °C until needed for the experiment.



6. 0.1% (m/v) bovine serum albumin (BSA) in PBS

Reagents	Final concentration	Amount
Bovine serum albumin (BSA)	0.1% (m/v)	0.1 g
H_2O	n/a	100 mL
Total	n/a	100 mL

7. CHIR99021 solution

Reagents	Final concentration	Amount	
CHIR99021	5 mg/mL	5 mg	
DMSO	n/a	1,000 mL	
Total	n/a	1,000 mL	

Prepare 1 mM working solution in advanced DMEM/F12 and store at -20 °C until needed for experiments.

8. Retinoic acid (RA) solution

Reagents	Final concentration	Amount	
Retinoic acid	50 mg/mL	50 mg	
DMSO	n/a	1,000 mL	
Total	n/a	1,000 mL	

Prepare 1 mM working solution in advanced DMEM/F12 and store at -20 °C until needed for experiments.

9. Hepatocyte growth factor solution

Reagents	Final concentration	Amount	
Hepatocyte growth factor (HGF)	100 mg/mL	5 mg	
0.1% BSA in PBS (Recipe 6)	n/a	50 mL	
Total	n/a	50 mL	

Prepare 1,000 ng/mL working solution in hepatocyte culture medium (HCM) and store at -20 $^{\circ}$ C until needed for the experiment.

10. Dexamethasone (Dex) solution

Reagents	Final concentration	Amount	
Dexamethasone (Dex)	10 mM	5 mg	
DMSO	n/a	1,000 mL	
Total	n/a	1,000 mL	

Prepare 1,000 μM working solution in HCM and store at -20 °C until needed for the experiment.

11. Oncostatin M (OSM) solution

Reagents	Final concentration	Amount	
Oncostatin M (OSM)	100 mg/mL	10 μg	
0.1% BSA in PBS (Recipe 6)	n/a	100 mL	
Total	n/a	100 mL	

Prepare 1,000 ng/mL working solution in HCM and store at -20 °C until needed for the experiment.

12. Fibroblast growth factor 10 (FGF-10) solution

Reagents	Final concentration	Amount
Fibroblast growth factor 10 (FGF-10)	250 mg/mL	25 μg
0.1% BSA in PBS (Recipe 6)	n/a	100 mL
Total	n/a	100 mL

Prepare 1,000 ng/mL working solution in advanced DMEM/F12 and store at -20 °C until needed for experiments.

O-protocol Published: Aug 05, 2024

13. Epidermal growth factor (EGF) solution

Reagents	Final concentration	Amount
Epidermal growth factor	500 mg/mL	200 μg/mL
0.1% (m/v) BSA in PBS	n/a	400 mL
Total	n/a	400 mL

Prepare 1,000 ng/mL working solution in advanced DMEM/F12 and store at -20 °C until needed for experiments.

14. A 83-01 solution

Reagents	Final concentration	Amounts	
A 83-01	10 mg/mL	10 mg	
DMSO	n/a	1,000 mL	
Total	n/a	1,000 mL	

Prepare 1 mM working solution in advanced DMEM/F12 and store at -20 °C until needed for experiments.

15. Rho kinase protein (ROCK) inhibitor (Y-27632) solution

Reagents	Final concentration	Amount	
Y-27632	10 mM	5 mg	
DMSO	n/a	1,000 mL	
Total	n/a	1,000 mL	

Store at -20 °C for up to six months.

Cell culture media

1. hiPSCs maintenance media: complete essential 8 medium

Reagents	Final concentration	Amount	
E8M	1×	485 mL	
E8 supplement	1×	10 mL	
P/S	1×	5 mL	
Total	n/a	500 mL	

Alternatives: other hiPSC culture media can be used such as mTeSR1, StemFlex, and TeSR-E8. Swirl the bottle to mix contents properly, label with name and date prepared, filter, and store at 4 °C for up to 14 days. Alternatively, 50 mL aliquots can be made and stored at -20 °C.

2. Definitive endoderm induction (days 1-3) media: Complete RPMI medium

Regents	Final concentration	Amount	
RPMI-1640	1×	482 mL	
P/S	1×	5 mL	
HEPES	25 mM	12.5 mL	
Activin A	100 ng/mL	-	
BMP-4	50 ng/mL	-	
KSR	1×	-	
Total	n/a	500 mL	

Amount of Activin A, BMP4, and KSR are not shown on the Table as we prepare them fresh every day and they are dependent on the number of wells and volumes you are working with.

Swirl the bottle to mix contents thoroughly, label with name and date prepared, filter, and store at 4 °C for up to 14 days. Alternatively, 50 mL aliquots can be made and stored at -20 °C. Day 1: RPMI media supplemented with 100 ng/mL Activin A and 50 ng/mL BMP-4. Day 2: RPMI media supplemented with 100 ng/mL Activin A and 0.2% KSR. Day 3: RPMI media supplemented with 100 ng/mL Activin A and 2% KSR without BMP4 (see Notes 1–3).



3. Foregut spheroid (FGS) induction (days 4-6) media: Complete Advanced DMEM/F2

Reagents	Final concentration	Amount	
Advanced DMEM/F12	1×	475 mL	
B27 supplement	1×	5 mL	
N2 supplement	1×	10 mL	
GlutaMAX	1×	5 mL	
P/S	1×	5 mL	
FGF-4	-	-	
CHIR99021	-	-	
Total	n/a	500 mL	

Amounts of FGF-4 and CHIR99021 are not shown on the Table as we prepare them fresh every day and they are dependent on the number of wells and volumes you are working with. Swirl the bottle to mix contents thoroughly, label with name and date prepared, filter, and store at 4 $^{\circ}$ C for up to 14 days. Alternatively, 50 mL aliquots can be made and stored at -20 $^{\circ}$ C. Days 4–6 media: advanced DMEM/F12 supplemented with 3 μ M CHIR99021 and 500 ng/mL FGF-4 (see Notes 1–3).

4. Human liver organoids (HLO) formation (days 7-10) media 1: Advanced DMEM/F12 + retinoic acid

Reagents	Final concentration	Amount	
Advanced DMEM/F12	1×	475 mL	
B27 supplement	1×	5 mL	
N2 supplement	1×	10 mL	
GlutaMAX	1×	5 mL	
P/S	1×	5 mL	
Retinoic acid	2 μΜ	1 mL	
Total	n/a	500 mL	

Place the media in the dark or cover with foil.

5. Hepatocyte maturation (days 11-25) media: Hepatocyte culture medium (HCM)

Reagent	Final concentration	Amount	
HCM basal medium	1×	500 mL	
HGF	-	-	
OSM	-	-	
Dex	-	-	
Total	n/a	500 mL	

Amounts for HGF, OSM, and Dex are not shown on the Table as we prepare them fresh every day in small quantities depending on the number of wells and volumes you are working with. Swirl the bottle to mix contents thoroughly, label with name and date prepared, filter, and store at 4 °C for up to 14 days. Alternatively, 50 mL aliquots can be made and stored at -20 °C. Days 11–25 media: supplement HCM medium with 10 ng/mL HGF, 0.1 µM Dex, and 20 ng/mL OSM.

Quantitative reverse transcriptase polymerase chain reaction (qRT-PCR)

1. First-strand CDNA synthesis cocktail 1

Reagents	Final concentration	Amount	
mRNA	2 μg	-	
Oligo dT primer	n/a	1 μL	
ddH_2O	n/a	-	
Total	n/a	9 μL	

Note: The amount of mRNA will depend on the concentration of RNA per sample; the volume of water will be calculated based on the concentration value of RNA.



2. cDNA synthesis master mix 2

Reagents	Amount
5 first synthesis strand buffer	5 μL
dNTPs mix	1 μL
RNase inhibitor	1 μL
$MgCl_2$	2 μL
ImPromp II reverse transcriptase	1 μL
ddH ₂ O	6 μL
Total	16 μL

3. qRT-PCR reagents mix

Reagents	Final concentration	Amount	
SYBR Green PCR Master Mix	n/a	6.25 μL	
Forward primer (10 µM)	10 μΜ	0.5 μL	
Reverse primer (10 μM)	10 μΜ	0.5 μL	
ddH_2O	n/a	4.25 μL	
cDNA	n/a	1 μL	
Total	n/a	12.5 μL	

Laboratory supplies

- 1. Nunclon Sphera multi-well plates (Thermo Fisher Scientific, catalog number: 174930)
- 2. Sterile 15 mL Falcon tubes (Nest Biotechnology, catalog number: 602072)
- 3. Sterile 50 mL Falcon tubes (Nest Biotechnology, catalog number: 601001)

Equipment

- 1. Flow Cytometer (BD Biosciences, model: BD LSR Fortessa)
- 2. Biosafety cabinet suitable for cell culture (Nuaire)
- 3. Centrifuge (United Scientific, model: Orto Alresa)
- 4. Microplate Luminometer (Promega, model: GLOMAX 96)
- 5. Heat block (Acorn Scientific, model: Stuart)
- 6. Spectrophotometer (Thermo Fisher Scientific, model: NanoDropTM 2000)
- 7. Phase contrast/inverted microscope (Leica Microsystems, model: Leica DM IL LED)
- 8. Thermal Cycler (Thermo Fisher Scientific, model: QuantStudio 3 RT-PCR Systems)
- 9. Shellab CO₂ Water Jacket HEPA Filter Incubator (United Scientific, model: SC05W-2)
- 10. Vortex machine (Labnet International)

Software and datasets

- 1. GraphPad Prism (GraphPad Software Inc.; version 5)
- 2. FlowJo software (Treestar; version 10)

Procedure

A. Coating plates with matrix

- 1. Vitronectin (VTN) solution
 - Thaw the stock vial of vitronectin (VTN) solution at RT or overnight at 4 °C.
 - b. Prepare 60 µL aliquots of 1 mL VTN and store at -80 °C until needed for the experiment.
 - For coating 6-well tissue culture plates or 35 mm dishes, dilute VTN (1:100 dilution, e.g., 60 μL in 6,000 µL in DBPS. Gently swirl the bottle to allow the solution to mix thoroughly.
 - Immediately dispense 1 mL of the VTN solution to as many wells of the 6-well plate as required, rock the plate to allow even distribution of the VTN solution across the surface of the plate, and incubate for 1 h at RT (see Note 1).

- Thaw a 5 mL stock bottle of Geltrex overnight (16–20 h) on ice.
- Working on ice and using chilled pipettes tips, mix well the contents without creating bubbles and aliquot into 1.5 mL cryotubes.
- Label with name and date of preparation and store at -20 °C until needed for an experiment.

B. hiPSCs culture and organoid generation

- 1. Resuscitation of hiPSCs
 - Remove iPSCs from liquid nitrogen storage and thaw quickly in a 37 °C water bath.
 - Carefully add 1 mL of E8 + ROCK solution dropwise to the cryovial and transfer cells to a sterile 15 mL tube containing 8 mL of warm E8 + ROCK solution.
 - Pellet the cells by centrifugation at $398 \times g$ for 3 min at 4 °C.
 - Aspirate the supernatant and gently resuspend the pellet in 1 mL of warm E8 + ROCK solution (mix thoroughly by pipetting up and down). Transfer the cell suspension to one well of the pre-coated plate.
 - Agitate the plate gently within the tissue culture hood to ensure an even distribution of cells throughout the well and incubate cells at 37 °C and 5% CO₂ overnight (see Note 5).
 - f. Check cell attachment under phase contrast microscope (see Note 6).
 - Change media daily by removing 95% of old medium using aspirator pipette. Cells require passaging upon 70%–80% confluency (see Note 7).

2. Passaging

- Aspirate the old media and rinse the cells with 2 mL of DBPS.
- b. Add 1 mL of 0.5 mM EDTA solution to the well to be passaged and rock the plate to cover the entire
- Incubate at RT for 4–8 min and observe cells under a phase-contrast microscope.
- Aspirate the 0.5 mM EDTA solution by tilting the plate forward slightly to collect the EDTA solution at the bottom edge of the well.
- Immediately add 2 mL of complete E8 medium to the well and pipette the media to dislodge cell clusters (see Note 8).
- Use the 2 mL of medium to gently wash the cells from the plate by pipetting the medium around the well approximately three times using a 5/10 mL serological pipette (see Note 6).
- g. Dilute the cell suspension with complete E8 medium in a 15/50 mL tube at an appropriate cell density (in accordance with your desired split ratio, see Note 9).

Maintenance

- Aspirate complete E8M from the hiPSCs and add 1 mL of Accutase solution per well to a 6-well plate. Place the plate in the incubator for 3–5 min, checking if cells detach. The cells are ready when they easily detach with gentle pipetting. Add 5 mL of complete E8 medium to a 15 mL Falcon tube.
- Remove the plate from the incubator, add 1 mL of complete E8 medium, and lift the cells by gentle pipetting. Add this cell suspension in Accutase solution to the 5 mL complete E8 medium in the 15

mL Falcon tube. Gently pipette up and down twice to rinse off Accutase on the cells with complete

- Centrifuge the cells at $398 \times g$ for 3 min at 4 °C.
- Measure viable cells using Trypan blue exclusion method and calculate the number of viable cells/mL in the cell suspension.
- For each cell line, optimal seeding cell density will need to be determined to achieve 90% confluency on day one.
- For our hiPSCs cell line (N-N), 1.5×10^6 cells/well in a 6-well plate was ideal.
- Aspirate the medium from the pellet and add 1 mL of complete E8M supplemented with 10 µM ROCK inhibitor solution to the VTN-coated 6-well plate. The ROCK inhibitor increases cell viability of the single cells in suspension. Add 1 mL of the cell suspension and the complete E8M supplemented with ROCK inhibitor solution and rock the plate back and forth and sideways to ensure even distribution of cells. Place the plate back in the incubator for 24 h.
- At Day 0, warm complete E8M at RT. Confirm that the plated cells are healthy and growing at a uniformly high density. Aspirate the old medium and replenish the cells with warm complete E8M without ROCK inhibitor solution.
- Place the plate back in the incubator for 24 h.

C. Step-by-step liver organoid method

- Definitive endoderm (DE) induction (days 1–3)
 - To ensure a successful DE induction of hiPSCs, it is critical to start with high-quality hiPSCs. The cells should be at 80%–90% confluency with no sign of differentiation. Before beginning, warm complete E8 medium, Accutase, and base medium at RT.
 - Day 1: Cells should have reached 80%-90% confluency. Too low cell density will result in poor differentiation and cell death after Activin A solution treatment. Therefore, before beginning, titrate the cell number to ensure 80%–90% confluency of cells. It is possible to wait for an extra 24 h until the cells have reached the desired density.
 - Warm day 1 media at 37 °C. As Activin A solution treatment will result in cell death, prewarming the media at 37 °C increases the survival of cells. Aspirate complete E8M and add 2 mL/well of a 6-well plate of day 1 media and place the plate back in the incubator for 24 h.
 - Day 2: Check under the microscope if there still are layers of cells attached to the plate. If satisfied, aspirate floating dead cells and day 1 medium and replace with 2 mL/well for a 6-well plate of the warm day 2 media. Place the plate back in the incubator for 24 h. However, if there is little to no layer of cells attached, do not continue with the differentiation process and restart the protocol.
 - d. Day 3: Warm day 3 media at 37 °C. Aspirate Day 2 medium and replace with 2 mL/well for a 6-well plate of day 3 medium. Place the plate back in the incubator for 24 h.
 - Day 4: Endoderm cells should be confluent after differentiation (see Figure 1B). At this stage of the protocol, RT-qPCR and immunofluorescence can be performed to confirm gene-specific stage markers and cell localisation markers. Cells should express SRY-box transcription factor 17 (SOX17), Goosecoid (GSC), and Forkhead box protein A2 (FOXA2), and 85%-95% of the cells should co-stain double-positive for SOX17 and FOXA2.
 - Warm freshly prepared days 4–6 media at 37 °C. Each day, aspirate the media and replace with 2 mL/well of a 6-well plate of the prewarmed days 4–6 media. Owing to the number of cells present in the well, the media will turn yellow. Confirm the presence of 3D structures forming from the monolayer culture, including attached and floating spheroids (see Figure 1B).



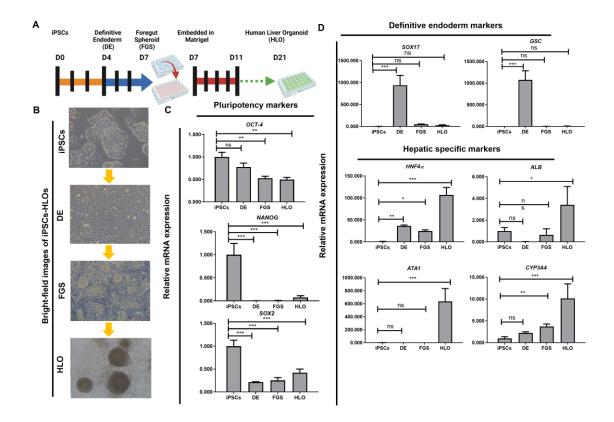


Figure 1. Schematic of liver organoid differentiation protocol. (A) Schematic overview of the differentiation method for liver organoids. (B) Phase-contrast images of iPSCs-HLO depicting change in cell morphology. Scale bar = 100 µm. (C) Reverse transcription qPCR analysis of represented genes related to pluripotency or undifferentiated state and (D) definitive endoderm (DE) state and hepatic function. Undifferentiated iPSCs (iPSCs, n = 3), DE (n = 3), posterior foregut spheroid (foregut, n = 3), and HLO (n = 3). Data are presented as mean \pm SEM (n = 3) and analysed by Student t-tests and one-way analysis of variance (ANOVA) using Dunnett's multiple comparison as a post-hoc test. p < 0.05*, p < 0.001**, and p < 0.0001***.

2. HLO formation: enzymatic dissociation

- Warm base medium, Accutase, and freshly made HLO formation medium at RT. In this step, collect the day 6 medium and floating spheroids into a 15 mL Falcon tube containing 5 mL of base medium. Add 2 mL of Accutase solution to each well and place the plate in the incubator for 3 min. Detach cells and pipette up and down four times. Aspirate and add cells-Accutase suspension to 5 mL of base medium.
- Centrifuge cells at 398× g for 3 min at 4 °C. Completely aspirate the supernatant so it does not interfere with Geltrex.
- Remove Geltrex from 4 °C and keep it on ice in the biosafety cabinet. Using chilled 1,000 μL pipette tips, use a P1000 pipette to mix the Geltrex thoroughly without introducing bubbles and add 1 mL of Geltrex to the pellet of cells in the 15 mL Falcon tube. Gently mix the contents by pipetting up and down several times to ensure even distribution of cells in the suspension. Keep the tube on ice.
- For plating, use 24-well Nunclon Sphera multi-well plates. To each well of 24-well plate, add 40 µL (two 20 µL) drops of Geltrex-cell suspension at the centre of the plate forming a dome-shape.
- Gently place the plate back in the incubator for 15–20 min to solidify Geltrex.
- Add 500 µL of day 7 medium to each well of a 24-well plate and place it back into the incubator. There will be different sizes of 3D structures. Change medium every two days.

g. On day 9, 48 h later, warm the freshly made HLO formation medium at RT. Gently, aspirate old medium without disturbing the Geltrex drops and add 500 µL of fresh HLO formation medium per well of a 24-well plate.

Mechanical dissociation: cryopreservation of FGS

Alternative to HLO enzymatic dissociation step, we cryopreserve the FGS cells post mechanical dissociation of cells. Longer culture periods often introduce potential contaminations. This step is necessary for resting the FGS and is optional.

- Use day 6 medium in each well and pipette up and down forcefully (5×) using a P1000 pipette.
- Collect cell clusters and transfer into a 15 mL Falcon tube.
- Centrifuge cells at $398 \times g$ for 3 min at 4 °C.
- Aspirate supernatant and resuspend pellet in 1 mL of cryopreservation medium (30% basal advanced DMEM/F12, 60% FBS, and 10% DMSO).
- Carry the cryopreservation tubes in a box containing cotton cloth dampened with isopropanol.
- Store at -80 °C for two weeks or in liquid nitrogen for long-term storage.
- FGS resuscitation & formation medium 2

FGS resuscitation & formation 2 consists of advanced DMEM/F12 + 5 factors (5 µM A83-01 solution, 20 ng/mL FGF-10 solution, 3 µM CHIR99021 solution, 20 ng/mL EGF solution, and 50 ng/mL VEGF solution).

- Thaw FGS cells in organoid formation medium 2 supplemented with Y27632 solution (10 μM).
- Centrifuge cells at $398 \times g$ for 3 min at 4 °C.
- Completely aspirate the supernatant so it does not interfere with Geltrex.
- Remove the Geltrex from 4 °C and keep it on ice in the biosafety cabinet. Using chilled 1,000 μL pipette tips, use a P1000 pipette to mix the Geltrex thoroughly without introducing bubbles and add 1 mL of Geltrex to the pellet of cells in the 15 mL Falcon tube. Gently mix the contents by pipetting up and down several times to ensure an even distribution of cells in the suspension. Keep the tube on
- For plating, see enzymatic dissociation section above.
- On day 9, 48 h later, warm the freshly made HLO formation medium for 30 min at RT. Gently, aspirate old medium without disturbing the Geltrex drops and add 500 µL of fresh HLO formation medium per well of a 24-well plate every two for four days (see Note 11).

HLO maturation

- On day 11, switch to HCM medium, which is hepatocyte-specific medium. Warm HCM to RT, aspirate HLO formation medium, and add 500 µL of HCM to each well of a 24-well plate.
- b. Every 3 days, exchange the media by aspirating media in the well and adding 500 μL of fresh HCM.
- Day 18: On this day, do not aspirate the media but pipette the media up and down to dislodge the cell drop. Add 1 mL of cold DBPS to dissociate the Geltrex until no pieces are visible. Place 250 µm cell strainer on a 15 mL tube and collect cells from each well and sieve through the cell strainer. This step ensures the removal of extra mesenchymal-like larger aggregates of cells. Also, this step is necessary where organoids will need to be individually sorted for downstream applications and sorted into 96or 384-well plates. Warm fresh HCM at RT.
- d. Add 4 mL of DBPS to the 15 mL Falcon tube with organoids and centrifuge at 398× g for 3 min at
- e. Aspirate the supernatant, add HCM with 10% Geltrex to pelleted organoids, and pipette up and down to mix the cells. The cells will still be supported by the Geltrex matrix in suspension. Add 40 µL of Geltrex-cell suspension to each well of a new 24-well plate and place the plate back in the incubator.
- Day 21: On this day, organoids can start to be used for downstream assays such as functional assays (see Figure 2A-2C) and staining. Confirm if the organoids are healthy and growing (see Figure 1B and 1D). No aspirations are needed for organoids not chosen for downstream assays; add 500 µL of fresh HCM and place the plate back in the incubator.
- Perform quantitative reverse transcriptase polymerase chain reaction (qRT-PCR) for hepatic gene markers (Figure 1C-1D), enzyme linked immunosorbent assay (ELISA) to detect cytokines (Figure 4), and flow cytometry (Figure 2) to analyse the organoids.



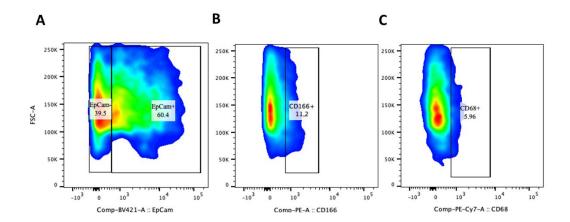


Figure 2. Plot showing the percentage of EpCAM+, CD166+, and CD68+ cells. Human liver organoids (HLO) were examined for the co-expression of EpCAM+, CD166+, and CD68+ cells. Briefly, HLO were rinsed with DBPS, followed by dissociation into single organoids using the TrypLE express solution. Subsequently, dissociated HLO were incubated with FACS buffer solution containing EpCAM (1:80), CD166 (1:160), and CD68 (1:80) antibodies. The y-axis represents forward scatter (FSC-A), where an increased signal indicates the frequency of cells in HLO. The x-axis indicates the GFP fluorescence. The black lines are included to guide the eye to distinguish the fluorescence frequencies between EpCAMcells and EpCAM+, CD166+, and CD68+ stained cells present in our HLO. (A) Percentage of EpCAM+ stained cells. (B) Percentage of CD166+ stained cells. (C) CD68+ stained cells of the whole organoids cell population after 21 days of HLO culture. EpCAM+ cells (60.4%), CD166+ (11.2%), and CD68+ (5.96%), respectively.

D. Total RNA isolation and RT-qPCR

Total RNA isolation

- First, isolate the organoids from Geltrex using 1 mL of TrypLETM Express Enzyme solution in the 24well plate and collect them from each well into a 15 mL Falcon tube.
- Subsequently, rinse the organoids twice with 3 mL of DBPS followed by centrifugation at 398× g for 3 min at 4 °C until a thin layer of Geltrex remains.
- Add 1 mL of TRIzolTM reagent to the pelleted organoids to extract total RNA following the manufacturer's instructions.
- Quantify extracted RNA using the ND-1000 Nanodrop spectrometer and store RNA at -80 °C until needed for further experiments.

Complementary DNA (cDNA) synthesis

- For first-strand cDNA synthesis, reverse transcribe the total RNA using the ImProm-II reverse transcriptase following manufacturer's instructions, as shown in Recipes 1 and 2 of the Quantitative reverse transcriptase polymerase chain reaction (qRT-PCR).
- Mix 2 μg of template RNA, 1 μL Oligo dT, and ddH₂O to a final volume of 9 μL. Heat the mixture for 10 min at 70 °C in a thermal block cycler with a heated lid to denature any secondary structure in the RNA and to minimise evaporation of solutions. Place the mixture on ice for 5 min.
- Prepare 16 µL of the second cocktail [see Recipe 2 of Quantitative reverse transcriptase polymerase chain reaction (qRT-PCR)] by adding and mixing reagents outlined in Recipe 1 of Quantitative reverse transcriptase polymerase chain reaction (qRT-PCR), followed by centrifugation.
- Incubate the mixture at 25 °C for 5 min to anneal oligo DT primers to the template cDNA, followed
- Inactivate reverse transcriptase by heating the incubated mixture for 10 min at 70 °C, followed by stopping reaction and placing the tubes on ice. Synthesised cDNA may be diluted and stored at -20 °C until needed for further experiments.



3. qRT-PCR

- Perform qRT-PCR in triplicates [see Recipe 3 of *Quantitative reverse transcriptase polymerase chain* reaction (qRT-PCR)] using PowerUpTM SYBRTM Green Master Mix and amplify synthesised cDNA on a thermal cycler with heated lid.
- Calculate relative mRNA gene expression of 2-^{AACt} method with GAPDH as a normalisation control. All primers (Table 3) were purchased from Integrated DNA Technologies (IDT).

E. Flow cytometry analysis

Optional: Before starting, coat the tubes and pipette tips with 1% BSA to reduce the loss of organoids that adhere to the sides of tips and tubes.

- Collect organoids from wells of the 24-well plate into 15 mL Falcon tubes. If you want to process only one well, then collect from one well only. Add 6 mL of cold DBPS and gently pipette up and down to wash the Geltrex from the organoids.
- Centrifuge the Falcon tube(s) at 398× g for 3 min at 4 °C. There will be a pellet of organoids at the bottom of the tube, a small layer of Geltrex in the middle, and media layered on top. Gently aspirate the media without disturbing the pellet and Geltrex layer.
- Wash for a second time with 6 mL of DBPS and centrifuge the cells at 398× g for 3 min at 4°C.
- After aspirating the DBPS, add 1 mL of TrypLETM solution and incubate for 10 min at RT to dissociate the organoids into single cells. After 10 min of incubation, add 4 mL of DBPS and centrifuge at 398× g for 3 min at 4 °C.
- Use DBPS to wash out TrypLETM solution and centrifuge the cells again.
- Aspirate the supernatant and resuspend cells in 100 µL of antibody + FACS buffer solution.
- Incubate for 30 min at RT in the dark or cover the tubes with foil.
- Add 100 μ L of FACS buffer and centrifuge the cells at 398× g for 3 min at 4 °C.
- 9. Aspirate the supernatant and resuspend the pellet in 200 µL of FACS buffer.
- 10. Transfer the entire 200 μL of resuspended pellet into FACS tubes.
- 11. Acquire the samples on the BD LSR Fortessa flow cytometer (Figure 2).

F. Modelling liver injury

- 1. Antiretroviral (ARV), anti-tuberculosis drugs-induced hepatotoxicity
 - Perform steps E1–E5.
 - Aspirate the supernatant and resuspend cells in a mix of antiretroviral drugs or a mix of anti-retroviral drugs and anti-tuberculosis drugs.
 - Incubate the organoids with the drugs for 24 h at 37 °C in a 5% CO₂ incubator.
 - After 24 h, take images of the organoids using a phase-contrast microscope (Figure 3A).

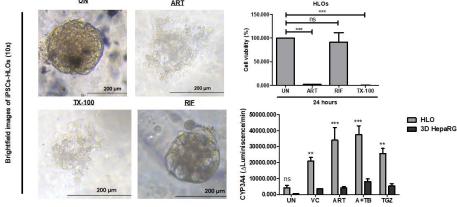


Figure 3. Drug treatment of human liver organoids (HLO), day 23. HLO were rinsed with DBPS, followed by dissociation into single organoids using the TrypLE express solution. Subsequently,



dissociated HLO were embedded in Geltrex and cultivated in 96-well sphere U-bottom plates for 24 h. HLO were further incubated with media only (UN), ART, Rifampicin (50 µM), and 1% Triton X-100 (TX-100) to determine cell viability using 3D GLO cell viability assay and CYP3A4 activity using the CYP3A4 GLO assay. (A) HLO phase contrast images of different treatment groups: untreated (UN), ART, rifampicin (RIF), TX-100 (Triton X-100). (B) Cell viability percentages. (C) CYP3A4 enzyme activity in untreated HLO, ART, and ART+TB treated HLO and 3D HepaRG model post 72 h of treatment. Data are presented as mean \pm SEM (n = 3) and were analysed by one-way analysis of variance (ANOVA) using Dunnett's multiple comparison as a post-hoc test. Ns: nonsignificant, $p < 0.05^*$, $p < 0.001^{**}$, and $p < 0.0001^{***}$.

Collect the supernatants and analyse cytokine expression using ELISA (Figure 4).

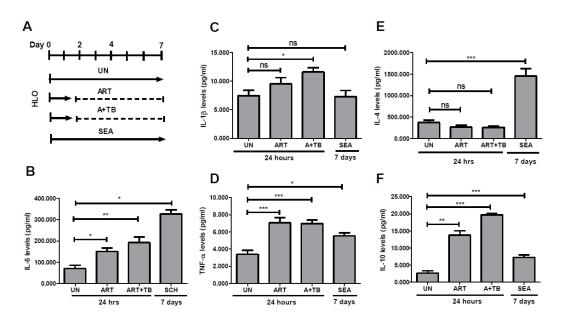


Figure 4. Inflammatory response after drug and pathogen treatment in human liver organoids (HLO). HLO were rinsed with DBPS, followed by dissociation into single organoids using the TrypLE express solution. Subsequently, dissociated HLO were embedded in Geltrex and cultivated in 96-well sphere U-bottom plates for 24 h. HLO were incubated with media only, ART & A+TB for 24 h, and SEA for 7 days. After each incubation time or treatment period, supernatants were aspirated and aliquoted onto the wells of a corresponding 96-well plate. Supernatants were used to carry out ELISA assay using BD Bioscience ELISA kit according manufacturer's protocol. (A) Schematic diagram showing treatment duration for ART, A+TB- and SEA-induced liver injury. (B) Levels of proinflammatory mediators IL-6, (C) IL-1β, and (D) IL-4 in ART, A+TB post 24 h, and SEA post 7 days compared to UN counterpart. (D) Levels of the pathological mediator (E) TNF-α and (F) the anti-inflammatory mediator IL-10 compared to UN group. Data are presented as mean \pm SEM (n = 7) and analysed by one-way analysis of variance (ANOVA) using Dunnett's multiple comparison as a post-hoc test. $p > 0.05^{ns}$, $p < 0.05^{*}$, $p < 0.001^{**}$, and p < 0.0001***.

- Induction of inflammation with Schistosome eggs antigen (SEA)
 - Follow steps F1a-e described in the induction of hepatotoxicity with drugs.
 - Stimulate the organoids with 20 µg/mL of SEA and incubate the organoids for seven days at 37 °C in a 5% CO2 incubator.
 - After seven days, take the images using a phase contrast microscope (Figure 3A). c.
 - Collect the supernatants and analyse cytokine expression using the enzyme linked immunosorbent assay (ELISA) (Figure 4).

G. Cell viability determination using CellTiter-GLO® cell viability assay

- Treat organoids with 0.05% DMSO, 1% Triton X-100, and a combination of antiretroviral drugs (ARVs) or rifampicin (RIF) for 24 h in a 5% CO₂ incubator.
- Remove the supernatant from each well. Add 100 μL of CellTiter-GLO® reagent to each well and 100 μL of hepatocyte culture media (HCM).
- Mix the contents vigorously for 5 min to induce cell lysis.
- Incubate the plate for 25 min at RT to stabilise the luminescent signal.
- 5. Read the plate using the GLOMAXTM 96 Microplate Luminometer (Figure 3B).

H. Cytochrome P450 Assay

- 1. Treat organoids or 3D HepaRG cells (control cell line) with troglitazone (TGZ) or rifampicin (RIF) for 24, 48, and 72 h. Vehicle control is 0.05% DMSO.
- Remove the supernatants from each well. Wash cells twice with ice-cold PBS.
- Add 50 μL of 50 μM P450-GloTM CYP3A4 (5 mM luciferin-BE) dissolved either in advanced DMEM or full HCM to each well.
- Incubate the mixture at 37 °C in a 5% CO₂ incubator for 4 h.
- Collect the supernatants and transfer 25 µL of the supernatant to white-walled clear-bottom plates. Add 25 μL of luciferin detection reagent (reconstitution buffer with luciferase detection reagent).
- Incubate the plate at 37 °C in a 5% CO₂ incubator for 30 min.
- Read the plate using the GLOMAXTM 96 Microplate Luminometer (Figure 4C).

Validation of protocol

This protocol or parts of it has been used and validated in the following research articles:

- Mun et al. [8]. Generation of expandable human pluripotent stem cell derived hepatocyte-like liver organoids. Journal of Hepatology. 2019; 71:970–985. See Figure 2A.
- Ouchi et al. [9]. Modeling Steatohepatitis in Humans with Pluripotent Stem Cell-Derived Organoids. Cell Metabolism. 2019; 30: 374–384.e6. See Figure 1A–D.

The robustness and reproducibility of our protocol can be evidenced from the above research articles.

General notes and troubleshooting

General notes

- Store all media at 4 °C. Aliquot and store at -20 °C if required.
- The growth factors (e.g., Activin, BMP-4, FGF-4, CHIR99021, Dex, HGF, RA, and OSM) should be added fresh every day.
- Complete essential 8 medium, RPMI-1640 medium, advanced DMEM medium, and all growth factors require filtering before use. HCM does not require filtering.
- Plates that have been coated with Vitronectin or Geltrex should be covered with parafilm and stored at 4 °C for up to one week. They should be clearly labelled with the date they were coated. Discard any plates not used within one week.
- 5. When plating cells, agitate the plate gently within the tissue culture hood to ensure even distribution of cells across the well, as colonies tend to settle in the centre of the plate affecting cell replating and differentiation.

6. After 24 h of plating iPSCs, check for cell attachment. If cell attachment is good, change medium to 2 mL of E8 media. If there are more cells floating than attached, then top up with 1 mL of freshly made E8 + ROCK

- 7. Cells should be passaged when they have reached 70% confluency and are well compacted and the colonies have well-defined edges. Cells may also require passaging if levels of differentiation exceed that of iPSC or colonies start to look overgrown or unhealthy.
- Split cells in the ratio of 1:4 to 1:6 (e.g., transferring all colonies from four or six wells).
- When washing cells with 2 mL of E8 media after aspirating 0.5 mM EDTA solution, ensure to pipette the media up and down as this should dislodge cell clusters without dislodging any differentiated cells. Do not over pipette because it may result in single cells rather than cell clusters.
- 10. Forty-eight hours post FGS resuscitation, replace the resuscitation & organoid medium with organoid formation medium (supplemented with RA) every two days for a period of four days. Proceed with the protocol to HLO maturation.
- 11. Cryopreserved FGS-formed organoids get ready for downstream assays on day 23 instead of 21.

Acknowledgments

We would like to thank Dr Janine Scholefield from the Council for Scientific and Industrial Research (CSIR) in South Africa for generously gifting us with the induced pluripotent stem cell line. This study was funded by the South African Medical Research Council (SA-MRC) Self-Initiated Research grant and the National Research Foundation Competitive Support for Unrated Researchers (CSUR) grant (grant number 116260) awarded to Associate Professor Hlumani Ndlovu. This protocol was adapted from protocols developed by Mun et al. [8] and Ouchi et al. [9].

Competing interests

There are no competing interests to disclose.

Ethical considerations

No ethical considerations to disclose.

Received: December 05, 2023; Accepted: April 30, 2024; Available online: July 18, 2024; Published: August 05, 2024

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Supplementary information

The following supporting information can be downloaded <u>here</u>:

- Figure S1. Workflow for establishment, expansion, and differentiation of iPSCs-HLOs.
- Figure S2. Phase-contrast images representative of iPSCs-HLO at different days of the differentiation protocol.
- Table S1. Drugs and antigen treatment groups.