

## Permanent Occlusion of the Left Anterior Coronary Artery in the Rat Study of Cardiac Remodeling after Myocardial Infarction

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**[Abstract]** Left ventricular (LV) remodeling occurs in many patients after myocardial infarction (MI). LV remodeling is characterized by progressive ventricular dilatation and contractile dysfunction, consequently to cardiomyocyte hypertrophy and fibrosis. Despite reperfusion therapies, this pathophysiological process is the main cause of cardiac evolution toward heart failure. Moreover, the outcome of patients after MI is largely dependent on the initial cardiac injury. Thus, this is of major clinical interest to develop new pharmacological strategies to limit infarct size and prevent or reverse left ventricular remodeling. Such preclinical cardiovascular treatments are often tested in rodents. The rat model of myocardial infarction is commonly used. In this model, the permanent ligation of the left anterior descending coronary artery is performed (Bousquenaud *et al.*, 2013a).

After being used to this surgical technique and experimented, the operator will need 20 min per rat from the anesthesia to the rat recovering.

### **Materials and Reagents**

1. Sterile drapes
2. Non-resorbable silk: Prolene 7.0 (Ethicon, catalog number: F1839)
3. Resorbable silk: Vicryl 4.0 (Ethicon, catalog number: V134)
4. Syringes (BD Biosciences, catalog number: 309659)
5. 2 shoelaces (around 20 cm)
6. Tracheal tube (Fine Science Tools, catalog number: RSP-ETT1605)
7. Endotracheal tube (Kent Scientific Corporation, catalog number: RSP-ETT1605)
8. Rat Adult male Wistar rats weighing around 300 g (Charles River Laboratories International)
9. Dermic Betadine 10%
10. Antibiotics: Amoxicilline (Clamoxyl 100 mg/kg/24 h)
11. Trichrome stain (Masson) Kit (Sigma-Aldrich, catalog number: HT15)
12. Anti-sarcomeric alpha actinin antibody [EA-53] (Abcam, catalog number: ab9465)

## **Equipment**

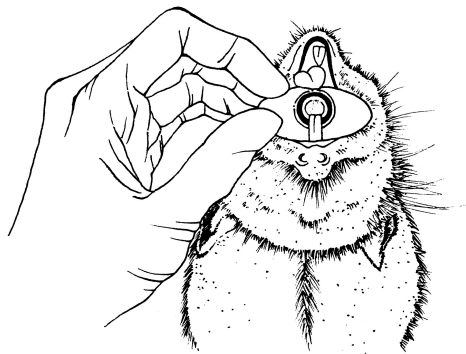
1. Gaseous anesthesia delivery system (Minerve)
2. Ventilator (Kent Scientific Corporation, model: TOPO220)
3. Fine curved forceps (Fine Science Tools, catalog number: 11272-30)
4. Shaver (Kent Scientific Corporation, catalog number: CL8787)
5. Razor blade (Fine Science Tools, catalog number: 10008-13)
6. Scalpel (Fine Science Tools, catalog number: 10011-00)
7. Needle holders (Fine Science Tools, catalog number: 12001-13)
8. Retractor (Fine Science Tools, catalog number: 17012-11)

## **Procedure**

### **A. Anesthesia**

1. Induce a profound anesthesia while providing a mixture of 3.5% isoflurane and 1.5% oxygen in room air. A high percentage of isoflurane is chosen in order to induce a profound anesthesia as a thoracotomy needs to be performed.
2. Place the rat in the induction chamber. Cover the box with a tissue to put the animal in a dark environment (to reduce the stress).
3. Set the ventilation system at 50 respiratory cycles per minute. The pressure is set at 30 mmHg and the tidal volume at 2.5/3 ml per cycle; according to the rat weight (0.5 ml/100 g body weight). Pressure must not exceed 2 mmHg. These parameters have been set for use with the Rat.
4. Plug the tracheal tube to the ventilation system, the pressure inside must not exceed 5 to 6 mmHg, if not clean the tube.
5. As soon as deep anesthesia is reached (respiratory frequency inferior to 50 cycles per minute and loss of footpad reflex), open the aspiration system and take out the rat from the induction chamber.

Pull out the rat tongue with a fine curved forceps and with the help of a light find out the trachea aperture. Insert the tracheal tube in the trachea.



**Figure 1. The anatomy of the rat mouth**

6. Quickly plug the tracheal tube to the ventilation system. Be certain that there was no wrong way by checking the lungs swelling. If the esophagus has been intubated, the operator will clearly notice the stomach inflation and must remove the tube immediately.
7. In case the rat has not been intubated correctly, the operator must let it completely recovering from anesthesia before restarting the procedure from step A1.
8. Attach the tracheal tube to the tooth of the animal, then to its snout.

#### B. Surgery

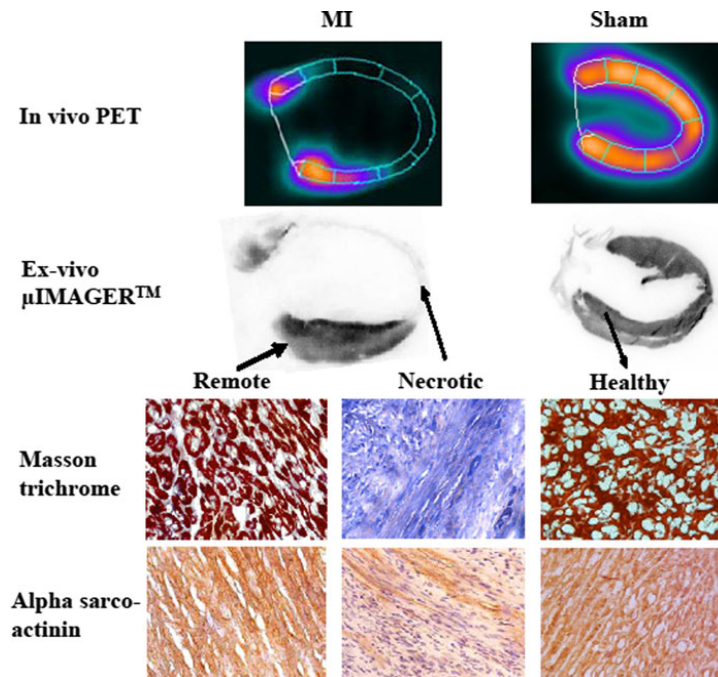
1. Place the rat in dorsolateral recumbency and place the light on top of it.
2. Attach the left anterior foot of the animal in order to stretch it.
3. Shave the left part of the thorax and sternum.
4. Disinfect the skin with Betadine.
5. Cut the skin at an angle of 45° going from the sternum.
6. Using a round-tip tweezer, detach the skin from the more superficial muscle layer (pectoralis major), and then detach it from the deeper muscle layer (serratus anterior).
7. Strongly hold the 6<sup>th</sup> rib and cut the intercostal muscle in between the 6<sup>th</sup> and the 5<sup>th</sup> rib, inducing thoracotomy. Insert the retractor between the 6<sup>th</sup> and 5<sup>th</sup> rib.
8. Proceed to pericardiotomy with the fine curved forceps: start from the apical part of the pericardium to make free the left ventricle.
9. Using the permanent silk, proceed to the ligation of the left anterior coronary artery. Go in the ventricular muscle with a rotation movement, this allowing staying inside the muscle and avoiding penetrating inside the ventricle.
10. Decrease the isoflurane flux to 1.5%.
11. Remove the retractor and put the drain inside the cardiac cavity.
12. Stop the anesthesia.
13. Close the thorax: Join the 2 ribs with the non-permanent silk. Then close the muscle layer. Close the second muscle layer and then the skin.
14. Drain the cavity and clean the skin with Betadine.

#### C. Post-surgical care and recovery

1. Administrate the antibiotic by intramuscular injection (200 mg/kg) every 48 h and during one week.
2. Make the animal left foot free and remove the tracheal tube.
3. Stop the ventilation, but check the recovery of the animal. If it stops breathing, immediately put on back the ventilation. Do it until the animal has completely recovered a strong breathing and starts to show discomfort with the tube.
4. Remove the tube and at the same time aspirate the mucus with the syringe.
5. Place the rat on dorsal recumbency under heather and check it until it is completely awake.

6. Administrate antibiotic 24 h and 48 h later.
7. Mortality is very low after 48 h.

### Representative data



**Figure 2. Illustration of the *ex vivo* characterization of an infarcted and a healthy rat heart; described by *in vivo* positron emission tomography (PET).** 18F-fluorodeoxyglucose (FDG)-PET is a reference cardiac imaging technique in man and rat, because of its ability to accurately differentiate healthy from necrotic myocardium based on cardiomyocytes metabolic activity. (1) Vertical long-axis slices (upper half) recorded in the same rat *in vivo* by Fluorodeoxyglucose-PET and *ex vivo* by  $\mu$ IMAGER™. (2) Immunohistochemical data (lower half) showing fibrosis development (blue color at Masson trichrome) and the decrease in cytoskeleton elements (alpha-sarco actinin staining in brown color) within the infarcted segments. Pictures from a rat with large MI and a sham-operated rat are shown. Magnification \*40. (Bousquenaud *et al.*, 2012)

### Notes

1. By its shape and diameter, the anatomy of the rat left anterior coronary artery displays a strong inter-individual variability. Thus, regardless of the accuracy and level of experience of the manipulator, this surgical model provides a variable extent of myocardial infarct. This will have to be taken into account when planning the number of animals to use in order to get significant results.
2. The survival of the animals is very dependent on the speed of recovery after surgery. It is recommended to start decreasing the isoflurane flux when starting to stitch up the

muscles, and stop the anesthesia as soon as the skin wound is closed. This can be performed only when the experimenter works rapidly, since the recovery from isoflurane anesthesia is fast.

### **Acknowledgments**

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### **References**

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