

## Water Deficit Treatment and Measurement in Apple Trees

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**[Abstract]** Water is considered perhaps the most limiting factor for plant growth and productivity (Boyer, 1982), and climate change predicts more frequent, more severe and longer drought periods for a significant portion of the world in coming years. Unfortunately, drought resistance is particularly difficult to measure due in part to the complexity of the underlying biology that contributes to a plant's ability to cope with water limitations. For example, water deficit is frequently examined by detaching leaves or withholding water for a set period of time prior to tissue collection. Such approaches may elucidate the early stages of drought response but are generally not physiologically relevant for maintenance of drought resistance over a longer period. A more realistic approach is to impose a gradual water limitation with a sustained soil moisture level, particularly in the case of woody perennials. We describe here a protocol that imposes a long-term water deficit under controlled laboratory conditions that allow a molecular biology approach to understanding how woody plants survive severe water limitations. Representative data can be found in Artlip *et al.* (1997) and Bassett *et al.* (2014).

### Materials and Reagents

1. Woody plants (seedlings, grafted, or own-rooted)
2. Potting soil (MetroMix 360; SunGro Horticulture)
3. Water source for watering plants
4. 'Play' sand (can be obtained from any 'home and garden' store) washed three times with hot tap water and dried
5. Slow release fertilizer (Osmocote, Scott's Miracle-Gro Products, catalog number: 19-6-12 N-P-K)
6. MS salts (Phytotechnology Laboratories, catalog number: M524)
7. Sucrose (Phytotechnology Laboratories, catalog number: S391)
8. Agar (Fisher Scientific, catalog number: BP1423)
9. Myo-inositol (Sigma-Aldrich, catalog number: I3011)
10. IBA (Sigma-Aldrich, catalog number: I5386)
11. Nutrient solution (MiracleGro, Scott's Miracle-Gro Products, catalog number: 24-8-16 N-P-K)
12. Rooting medium (see Recipes)

## **Equipment**

1. 1 gallon plastic pots (or desired size to accommodate plants)
2. Plastic beaker for measuring soil
3. Aluminum foil (optional)
4. Small ruler
5. Oasis rooting cubes (Smithers-Oasis LC-1 Horticultures, catalog number: 5240)
6. Conviron TC16 tissue culture chamber (Conviron)
7. Greenhouse or Growth chamber for maintaining appropriate light, temperature and photoperiod (equivalent to Conviron, models: PGV36 or PGW36)
8. Scale appropriate for weighing pots with plants, (e.g. Weigh-Tronix, model: 830)
9. Scholander pressure bomb (SoilMoisture Equipment Corp., model: 3005 Series)

## **Procedure**

### **A. Plants**

1. Own-rooted 'Royal Gala'.  
Explants were propagated in tissue culture as described by Norelli *et al.* (1988) and Ko *et al.* (2002), with root induction as described by Bolar *et al.* (1998).
2. Upon root formation (~ one month), the seedlings were transferred to Oasis rooting cubes, and maintained in a Conviron TC16 tissue culture chamber for one month (24 °C, 70% r. h., 20 h light, 70 µmol photons/m<sup>2</sup>/s PPFD), with watering as needed and nutrient solution application weekly per the manufacturer's recommendation.

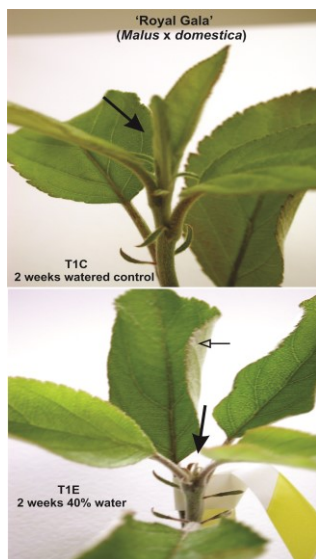
### **B. Growth conditions**

1. 5-L pots with equal volumes of Metromix 310 (horticultural vermiculite, Canadian Sphagnum peat moss, processed bark ash, composted pine bark) or equivalent product, and washed sand.
2. The trees were grown in a glasshouse with supplemental lighting (High Pressure Sodium lamps) to maintain the day length at 16 h, and a maximum-minimum temperature range 35 °C to 20 °C. Trees were watered daily, with weekly application of nutrient solution, with supplemental application of Osmocote every two months at the indicated rate of 10 g.
3. Age and size: Trees were in the glasshouse for a total of 8 months, with final stem diameter measurements ranging from 0.5 cm to slightly more than 1.0 cm, and heights varying from 1 to 2 m. It is preferable to select trees as close to the same size (stem diameter or height) as possible.

### **C. Water deficit**

1. Trees are placed in a Conviron PGV36 growth chamber (Conviron) at 25 °C day (16 h)/18 °C night (8 h) with light at 500  $\mu\text{mol photons/m}^2/\text{s}$  PPFD.
2. The pot is then watered to saturation and weighed one to two hours later.
3. To mimic field conditions where water is lost to the atmosphere by evapotranspiration (evaporation from the soil plus transpiration by the plant), the soil surface is left exposed. To measure transpiration alone, a moisture barrier, typically aluminum foil, is placed over the pot and around the stem of the tree.
4. Water is withheld and the pot weighed at the same time of day on a daily basis. Control plants are watered to saturation (90-95% pot weight) every other day. Care should be taken not to over water the controls as this can cause 'flooding' symptoms, *i.e.*, wilting, chlorosis *etc.*
5. Water deficit should be imposed by withholding water until the pot masses are 45% of the saturated mass and maintained at this level for two weeks by adding back water to the 45% level; control trees are rewatered to the saturated weight. Sufficient trees should be used for statistical analysis (to be determined by the user). We typically used four replicates per apple line, per treatment and an equivalent number of control trees.
6. Water status of plants should be determined in order to quantify the water deficit. Common measurements include water potential (Scholander pressure bomb with leaves, branches or stems; Scholander *et al.*, 1964), leaf size (Bassett *et al.*, 2011), leaf number (Figure 2) or relative water content (RWC; Sinclair and Ludlow, 1985), although Kramer (1990) argued that water potential is a preferable measure owing to its being commensurable with atmospheric or soil water measurements. This measurement should be done pre-dawn or with foil-covered leaves. A water status of -1.9 MPa can be achieved with peach trees (Artlip *et al.*, 1997). Researchers in the field (*e.g.*, Hsiao, 1973) consider a water potential of this magnitude to impose a severe stress on the plant.
7. It is important to note that plant size relative to pot size is important (large plant in a small pot is not equivalent to a large plant in a large pot) to prevent plants from becoming root-bound. We found that 5 L pots were ideal to grow trees to 1 m prior to selection for the drought experiments. It should be emphasized that different cultivars or geographical populations can differ in their water use efficiency or dehydration tolerance. Obviously, if a lesser degree of stress is desired, more water added back would increase the water status of the tree.

## Representative data

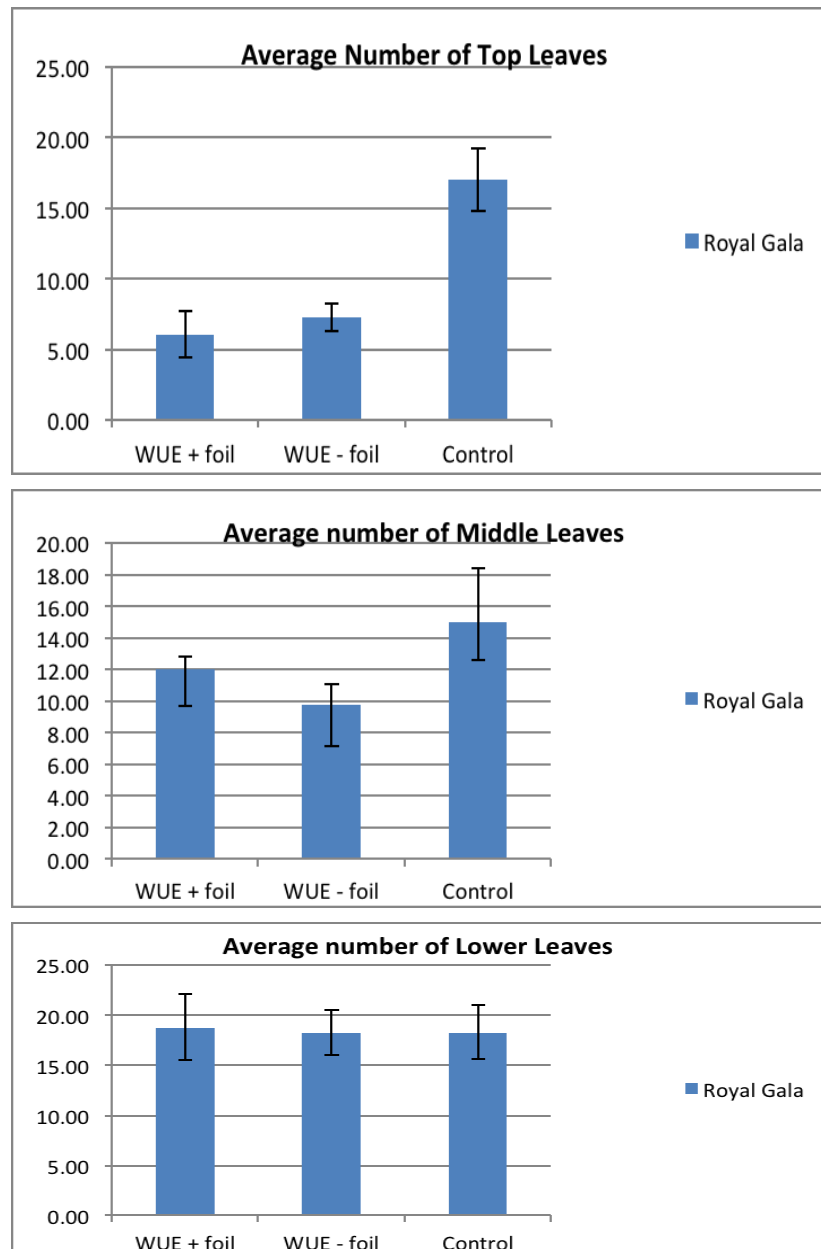


**Figure 1. Young apple trees of cultivar Royal Gala from drought experiment.** T1C: control trees two weeks after the beginning of the experiment. These trees were watered to saturation (90-95% pot weight). Arrow shows new leaf unrolling at shoot apex. T1E: experimental trees two weeks after being held at 40% saturation. Filled arrow marks dying shoot apex; open arrow shows leaf curling which is a common indicator of dehydration. Photographs were taken from Bassett *et al.* (2011) with permission from the American Society for Horticultural Science.



**Figure 2. Typical water deficit experiment in the growth chambers**

Apple trees ~ 1 m tall were selected, tagged and placed in the Conviron growth chamber. The figure shows trees with and without foil placed on the pots. Red tags represent water deficit treatment; blue tags represent well-watered controls. A. Water deficit treatment and controls without foil; B. Water deficit treatment with foil covering pot surface.



**Figure 3. Leaf number of 'Royal Gala' trees subjected to a severe drought.** The number of leaves along three regions of the stem were counted as follows: young leaves (1-2 cm long) at the top of the plant, leaves (~4-6 cm long) along the middle of the plant, and leaves (~7-8 cm long) along the lower portion of the plant. Pots of water-restricted plants were maintained with (WUE + foil) or without (WUE - foil) foil covers for the duration of the experiment. Controls were well watered with no foil on the pots. The number of leaves was counted every other day for two weeks. The greatest difference in leaf loss due to water deficit is seen in the youngest leaves just beginning expansion, whereas oldest leaves having expanded before the water deficit was imposed show the least difference.

## **Notes**

1. Most fruit trees are grafted onto a commercial rootstock. Use of grafted trees will reflect influences from both the scion and rootstock unless roots can be propagated from buds or stems of the desirable cultivar.
2. ePure water is  $\geq 18$  Mohm-cm.

## **Recipes**

1. Rooting medium (pH 5.6)
  - a. Ingredients
 

|                                   |          |
|-----------------------------------|----------|
|                                   | per 1 L  |
| ePure water                       | 1 L      |
| MS Salts                          | 2.15 g   |
| Thiamine-HCl (0.4 g/100 ml stock) | 1 ml     |
| Myo-inositol (100 mg/ml stock)    | 1 ml     |
| Sucrose                           | 20 g     |
| Agar                              | 7 g      |
| Hormone                           | IBA      |
| For root induction                | 2.5 mg/L |
| For root elongation               | 0.0 mg/L |
  - b. Preparation
 

Add 25-50% of water to a beaker on hotplate with constant stirring

Add MS salts and sucrose to beaker

Add agar and melt until completely dissolved

Add remaining water

Add Thiamine-HCl, Myo-inositol and IBA if needed

Calibrate pH meter and adjust pH to 5.6 with 1 M NaOH

Dispense into small baby food jars and autoclave for 8-10 min

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